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THURSDAY MAY 4TH, 2017

HOMES & Gardens | In Business Update | Women BEHIND THE WHEEL

MEMBERS of the Llantwit Major and Cowbridge Lions are looking back on a highly successful May 1, as the Cowbridge May Fair attracted a great turnout, with families from around the Vale enjoying all the attractions.

Among the many traditional fun events on May Day was a 'bonny baby competition' judged by BBC Wales' Lucy Owen, and as you can see in the picture (above), you can't rely on a baby, no matter how bonny, to face the camera on cue!

For more pictures of the fun day, see pages, 2, 3 and 10.

Time to vote in the Vale

VOTERS in the Vale will be going to the polls today (Thursday, May 4) to elect local councillors.

Two elections are taking place. The first is for county councillors who will sit on the Vale of Glamorgan Council. This is a paid post, and the 47 councillors elected are entitled to an allowance of £13,300.

The Vale Council votes will be counted on the night of May 4, and the results will be released ward by ward, as the votes are counted.

The first results could be announced quite soon after the count begins at 10.30pm, depending on the voter turnout, but a council spokesman told The GEM that the majority of ward results were likely to be declared around 2am on Friday, May 5.

The second election is for town and community councils. These are unpaid posts.

Counting of these elections will begin soon after the Vale Council, and results are expected around 7am on Friday, May 5.

INSPIRED BY SAD DEATH OF TEACHER TANYA FLOYD...

Y Bont Faen School celebrates running track

Floyd family members lead the way at last year's fun run organised to raise funds for the new track.

CHILDREN and staff will be holding a celebration of running on Friday, May 12, to mark the official opening of the community running track at Y Bont Faen Primary School.

The all-weather running track is available for use, not only by the school, but also the wider community and was inspired by local teacher, mum of three and keen runner, Tanya Floyd, who died in October 2015.

Parents, teachers, local businesses, locals, family and friends joined forces throughout 2016 to set about raising the funds needed to create the track as a tribute to Tanya.

To mark the official opening, children will take part in organised runs throughout the day, followed by a short opening ceremony at 3.15pm to which the school would like to extend a warm welcome to all members of the public.

A spokesperson said: "The school, governors and PTA would particularly like to thank all the local businesses, individuals and charities that supported the creation of the track and hope to see as many as possible on May 12 – with or without your running shoes."

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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

Outrage at treatment of Tinkinswood ancient site

MY in-laws from Germany have been visiting us over the Easter holiday period. We wanted to show them some places that are special to us, so we visited Tinkinswood Burial Chamber.

When we arrived there, a man was burning a sack full of rubbish IN the burial chamber. Smoke was bellowing out from under the cap-stone and the smell of plastic was heavy in the air.

I challenged him and stated this was an ancient and protected site. I told him the history of Tinkinswood and how it is seen, and still used, as a sacred site by many.

His female companion said: "What do you expect us to do? We needed to burn private letters and we live in a flat."

I gave a number of practical suggestions, as did my wife. A local land owner then arrived.

My wife and myself, my relatives and the land owner were completely stumped by the actions and total ignorance of this couple.

They were told in no uncertain terms to leave and the landowner said the police would be called if he saw them there again.

I feel so disappointed that my visitors had to see this. The previous day, we visited Barry Island together. The amount of rubbish left in piles on the beach was shocking.

My in-laws were genuinely surprised at how little some people cared about such a beautiful beach. I feel very embarrassed.

Dave Annis,
Vale of Glamorgan

Wait and see

IN response to the two letters from Brexiteers in The GEM (April 27) – can they just wait and see the detrimental effects that Brexit will have in months and years to come?

In particular, could they refrain from being so arrogant themselves in referring to 'Remoaners' as being arrogant?

Experts, and I mean genuine experts untainted by prejudice one way or another the world over, are predicting that Britain has self-harmed by choosing Brexit, and we are already seeing this in our grocery costs.

Can the Brexiteers wait a while to see what really develops before insulting those who chose to remain in the EU?

Marc Delaney, Barry.

A reason to move to St Mary Church

LOCAl elections? What local elections?

We are supposed to be voting tomorrow and, at time of writing (May 3, 8.30am) I have not had one single contact or information leaflet from any party standing in the Vale.

Radio Wales is on and presenters are waxing lyrical about the amount of information they have received from their local candidates.

Perhaps St Mary Church is a black hole?! And they moan about low turnout.

Mrs Lyn Wilson
St Mary Church.

Questions over EU 'divorce settlement'

THE EU wants us to pay up to £60 billion as a divorce settlement. In divorces, it is usual to split the house as well as the liabilities.

Has anyone done any calculations on the value of our payments to improve the European house over the last 40-odd years in the shape of roads, railways, bridges, airports, schools, hospitals, metros and so on?

If this is more than £60 billion, what happens then?

R Bradshaw, Cowbridge.

Llandow staff

IN reply to P Robertson's letter re staff at Llandow recycling centre – I have always, on many visits to the centre, found staff available.

They are helpful and courteous, assisting me on the metal stairs and carrying goods from my car to skips, as I am unable to climb steps at my age.

Eric Howson, Ystradowen.

'Another consultation we didn't know about'

I SEE that the official deadline for receipt of consultation responses by the Welsh Assembly on the bill proposing the abolition of the Right to Buy has passed.

I also note that according to the website, the deadline has now been extended until May 5, 2017.

What astounds me is that only 12 organisations to date have expressed a view and that there is no response from the Vale Council – or for that matter, the majority of local councils in Wales.

Did anyone else know about this?

Alyson Fairweather, Barry.

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Fun and fair weather for Cowbridge's May Fair

PHOTOGRAPHS by MIKE WILCOCK

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The May Fair draws in the crowds from across the Vale

PHOTOGRAPHS by MIKE WILCOCK

THEY came from near and far across the Vale, the young, the old, to sing, to play, to enjoy local food, to festoon the May Pole with garlands and ribbons, and for the ladies in the photograph below, simply to enjoy a good old tug.

An innovation this year was the 'bull run', where intrepid locals recreated the atmosphere of Pamplona by running a course, dressed as bovines, to the cheers of the crowd.

Young singers from Total CAOS.

ABOVE: The bull runners.

SPRING LUNCH RAISES FUNDS FOR CHURCH ROOF REPAIRS

ST NICHOLAS Church held a spring lunch at the church hall on April 29 to raise funds for the church which will go towards essential roofing and stonework repairs already being carried out.

Supporters enjoyed a two-course buffet lunch which was all donated by dedicated members of the local community.

Kevin Fuller, church treasurer said: "It was great to see the local community and supporters of our historic church turning out to raise money for the essential works which are currently taking place.

"These essential works are predominantly being supported by the Government's Listed Places of Worship roof repair fund, but additional money is still required to complete all the works required and the £500 raised from the lunch will help us achieve our target."

KF

Young supporters enjoying the spring lunch at the St Nicholas Church hall.

Heritage of local 'forgotten foods' unveiled

ORGANISERS of the Cowbridge Food and Drink Festival are delighted to have recently received a Sharing Heritage grant of £9,900 from the Heritage Lottery Fund, just in time to launch an exciting new project for this year's festival – 'Forgotten Foods'.

The project will take visitors on a journey back in time through the kitchens of the past to explore and remember the culinary traditions, heritage and history of Welsh food and drink, at the annual foodie favourite festival, taking place over the Whitsun May Bank Holiday weekend (May 28 and 29).

The 2017 Festival is all about finding out what the visitors want to see more of in the Forgotten Foods project – specific eras, particular dishes or ingredients for example.

Guests will be encouraged to think about the story behind the recipes the nation follows today, some of which have been handed down from generation to generation, from Welsh cakes and bara brith to rarebit and cawl.

Visitors will have the opportunity to learn about traditional Welsh preparation methods and the history of the country's famous dishes in a series of professional demonstrations over the weekend.

At the Old Hall Gardens site over the weekend, guests will be invited on a taste tour of two secret eras of the past in a series of historical food sampling sessions, courtesy of local chef duo and academic specialists in ancient history, The History Chefs.

In their popular interactive and educational sessions, the chefs will explore less mechanised means of production and harvesting, and will create delicious food and drink with foraged and home grown ingredients from exhibitors such as Tast Natur and Herbs in Wales.

Taster sessions this year also include beekeeping and Tast Natur, and to add a modern twist, Cardiff-based Science Cream. The first and only Welsh liquid nitrogen ice cream and desserts parlour will also be at the festival and, as always, using natural and traditional flavours.

Polly Wilson, festival manager, said: "We are thrilled to receive this grant to help support our Forgotten Foods project for this year's festival. We are really excited to give visitors an interactive and delicious insight into the history of Welsh food and drink.

"We hope that it will inspire this generation to help preserve our cultural history and identity by learning more about its delectable past; and this is just the start – 2018 is going to be even bigger and better!"

Looking ahead to the 2018 festival, the History Chefs will return to explore the origin of more of Wales' most famous traditional dishes and will also be involved in projects in the run-up to the festival with children's workshops.

This is the third year the Cowbridge Food and Drink Festival has been held in the spring and the second year with its well-received open-plan festival layout.

The festival weekend offers an ideal backdrop for families and visitors of all ages to come together to share food, stories and traditions from the past, as well as sampling some of the very best local produce from the present day.

Single day and weekend tickets are available via *www.cowbridgefoodanddrink.org* and children under 12 can enjoy the festival for free with a free park and ride service running from both sides of town.

Ticket holders receive discounts and access to additional activities and town traders also offer promotions to ticket holders.

For more information visit cowbridgefoodanddrink.org/; for tickets: www.ticketsource.co. uk/event/172808.

Sandra paints up a storm at latest exhibition

One of Sandra Wintle's paintings, entitled 'Storm'.

THIS month's art exhibition at the Old Hall, Cowbridge is by Porthcawl artist Sandra Wintle – a mixture of sea paintings and portraits, inspired by the dramatic south Wales coastline and created in her own distinct style.

Sandra Wintle has exhibited in numerous places, including the Porthcawl Pavilion and Barry Central Library.

She is a member of both the Silures Art Group Porthcawl and Cowbridge Art Society, where she is one of its best selling members. This exhibition, on until May 28, is well worth seeing.

The Old Hall holds different art-related exhibitions every month. It is open weekdays and evenings and admission is free. To confirm opening hours, call 01446 773831.

AL

Sandra Wintle.

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‘Snowflakes R Us’ panto in Aberthin

ABERTHIN Village Hall recently hosted the world premiere of *Snowflakes ‘R’ Us*, a fairy-tale pantomime performed by the newly-formed Aberthin Young Players, a group of talented youngsters from the village ranging in age from six to 14 years.

Delighted audiences in two sold-out performances witnessed a wonderfully heart-warming fantasy complete with elves, fairies, baddie kings and wicked witches, a hapless Dame and a more hapless group of incompetent village bobbies.

Writer and director Glesni Jones set the action in Dame Snowdrop’s magic fairy dust factory in Fairyland and the audience then watched as the elves, fairies and village bobbies helped the Dame and her son Noel protect the magic dust from the King of the North and the wicked Black Witch of Winter.

The cast of talented, charismatic and word-perfect youngsters were aided and abetted by a few cue-forgetting old hands to create a joyful and hilarious village event.

Congratulations and sincere thanks to the cast and the backroom staff for putting on such a memorable pantomime and to the parents of the cast members for all the hard work they put in supporting their young stars!

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COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL

Your local correspondent is Nancy Davidge, “Tynewydd”, Llangan. (01656) 860303

Lottery winners

THE winners of the Saron Chapel spring lottery draw were: first prize £100 – Glyn Jones. Second prize £50 – Martin Jones. Third prize £25 – Marea Sumner.

A big thank you to everyone for your kind support to Saron Chapel!

Saron Chapel, Treoes

THE next service at Saron will take place on Sunday, May 7 at 3pm. Everyone will be assured of a warm welcome, so please come along.

Reminder! May 6

THE annual coffee morning will take place this week at St Canna’s Church, Llangan. Go along between 10am and 12pm and enjoy a tea or coffee.

I am assured a warm welcome will be extended to everyone. (This will be free entry.)

A request for Llangan Primary School

YOUR help is needed to raise money for our school.

A collection will be made at the school on Friday, May 19 for clean, reusable clothes from adult to baby sizes. If shoes are donated, please tie in pairs.

I am thanking you in advance on behalf of Llangan School for your contribution.

The Young At Heart Club

Meetings will not take place in the hall on Thursday, May 4 as it will be used for polling; and the following Thursday, May 11, the hard-working committee members are enjoying an extended break!

Lifting 40 tonnes... all for the RNLI

TWO fearless RNLI supporters lifted the equivalent of a 40-tonne lifeboat to raise money for the charity's annual fundraising event, Mayday.

RNLI Lifeguard supervisor Matt Childs and friend Jake Downes set themselves the target of squatting 60kg of weight no fewer than 333 times between them to match the 40-tonne weight of a *Severn* class RNLI lifeboat – the heaviest in the charity's rescue fleet.

The leg-busting challenge, which took place outside the RNLI's newly opened visitor centre on Paget Road, Barry Island, took almost two hours and raised more than £600 for the RNLI's Mayday campaign, which aims to fund lifeboat kit worn by the RNLI's lifesaving volunteers.

If lifting one *Severn* class lifeboat wasn't enough, an unexpected offer of an extra £50 of sponsorship saw the brave duo go even further and complete 500 repetitions – equal to one-and-a-half *Severn* class lifeboats.

The event tied in with the launch of the RNLI's Mayday campaign on May 1. Mayday will run for the whole month, with fundraising events taking place across the UK and Ireland.

This year, the RNLI hopes to raise £750,000 through Mayday, which will be used to fund essential kit for the charity's brave volunteer lifeboat crews.

Matt Childs said: "RNLI volunteer lifeboat crews around the UK and Ireland are willing to drop everything to go and save lives at sea when their pagers beep. The Mayday campaign is our own call for help, as we rely on the generosity of the public to help us continue our lifesaving service, 24 hours a day, 365 days a year."

Money raised through Mayday fundraising events will help kit out RNLI lifeboat crews so they're ready to face the harshest conditions at sea, with it costing £1,593 to provide an all-weather lifeboat crew member with all of the vital kit they need during a rescue.

The RNLI is asking people to 'do your bit, fund our kit' this Mayday and anyone who wishes to get involved should visit *RNLI.org/Mayday* to register for a free Mayday pack.

The pack provides fundraising ideas, such as wearing wellies to work, doing a sponsored welly walk or cycle ride, or holding a bake sale.

Photo supplied by RNLI.

Jake Downes and Matt Childes after the big lift.

A long walk for ramblers

FIVE hardy walkers joined William from Penarth and District Ramblers at St Peter's Church in Llanbedr northeast of Crickhowell, for the classic Llanbedr Horseshoe walk in the Black Mountains.

In lovely dry weather, an ancient bridge took them over the Grwyne Fechan River for the climb to Blaen-yr-henbant and up to Crug Mawr to enjoy views across the Usk Valley.

They climbed to the Gader Ridge above Mynydd Du Forest and tramping to their next peak, Pen Twyn Mawr, along the ridge to Pen y Gadair Mawr then to Waun Fach, which at a height of 810m is the highest peak in the Black Mountains.

Cresting the horseshoe bend at the top and heading to Pen Trumau, a steep climb led them to Mynydd Llysiau before lunch overlooking the valley with its line of boundary stones.

Another steep climb to the trig point on Pen Allt-mawr allowed them a welcome break to rest tired legs and admire the surrounding views, before they journeyed on to Pen Cerrig-calch, downhill to Table Mountain and Crug Hywel, before the last descent back to Llanbedr after completing 17 miles with 3,800ft of ascent.

Thirteen walkers joined Clive at Pontneddfechan and after several weeks of dry weathe, the water in the various rivers was seriously low, which affected flow of water in the waterfalls.

The old tramroad led them to the Afon Pyrddin and the base of Sgwd Gwladus before a return to the Nedd Fechan, where undulating paths led past Sgwd y Bedol, Sgwd Ddwili Isaf and Uchaf for morning break at Pont Melin-fach.

Heading through a bluebell wood and arriving at Pont Rhyd-y-cnau, a steep climb through woodland led out onto a road with views towards Fan Nedd and the Brecon Beacons.

A sunken bridlewayand narrow, moss-coated stony paths brought them to Cwm Porth for lunch in warm sunshine, before a visit to Porth yr Ogof cave.

Joining the Four Falls Trail and arriving firstly at Sgwd Clun-gwyn, still crashing down into the valley despite the lack of water, rocky paths led steeply downhill to the stunning moss-covered Sgwd Isaf Clun-gwyn.

Another descent led them along a path in the valley and the third fall, Sgwd y Pannwr. Climbing through an area of deforestation before descending steps to Sgwd yr Eira meant a trip on a wet, slippery path behind the waterfall, to climb the opposite side of the valley.

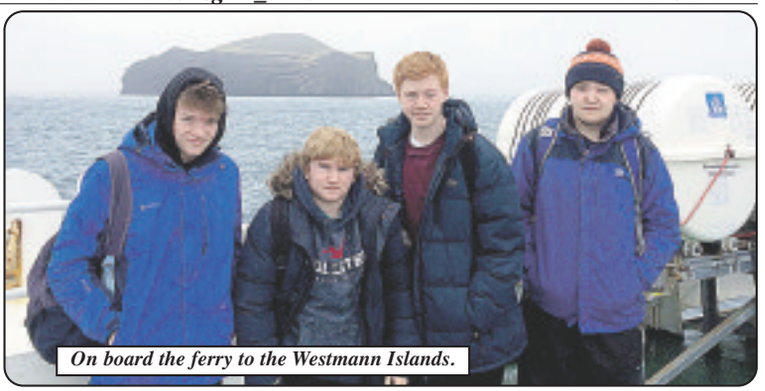
Another deforested area led them downhill to the Afon Mellte and the remains of the old gunpowder works, before pretty woodland tracks and bridges led them back to their start point.

On May 6, meet at 9am at Cogan Leisure Centre for a eight-mile hard walk taking in the Silent Valley and Ebbw Vale; contact Rachel on 01446 410545.

On May 7, meet at 9am at Cogan for a 10-mile hard walk taking in Allt Lwyd and Carn Pica above the Talybont reservoir; contact Robin on 029 2051 4051.

On May 11, the start of the summer evening walks, meet at 7pm at Dinas Powys village square (not as in the printed programme) for a four-mile tramp at Park Wood and Michaelston; contact Joy on 01446 737131.

JOY STRANGWARD



On board the ferry to the Westmann Islands.

Adventures in the land of Fire and Ice

Students at the Jokulsarlon glacial lagoon.

DURING the first week of the Easter holidays, 23 pupils from Barry Comprehensive and 20 from Cowbridge Comprehensive joined up to visit Iceland.

A spokesperson said: "The students, all studying A-levels in geology or geography, spent six days studying the spectacular landscapes of this unique country.

"On the first full day, the group visited a number of well-known sites on the south coast including Seljalandsfoss waterfall and the coastal features at Dyrhólaey.

"On day two, there were visits to the incredible glaciated landscapes of Jökulsarlon (a glacial lagoon with floating icebergs populated by seals) and Skaftafell National Park.

"On day three, the group took in the world famous Golden Circle of Gullfoss waterfall, Geysir and Þingvellir, all of which are 'must-see' sites for any budding geologist or geographer.

"The real highlight of the trip came on the final full day, where the students travelled by ferry to the volcanic island of Heimaey. Here they were able to hike to the crater rim of Eldfell volcano and view first-hand both the power and effects of recent eruptions.

"Before returning home, the whole party were able to relax in the Blue Lagoon, bringing to an end a really successful, enjoyable and educational visit."

Hoppy Easter

TO celebrate Easter and to raise some funds towards its summer trip, Cylch Meithrin Llanilltud Fawr held a 'sponsored hop'.

Children hopped every session of the week for a whole minute, which is quite a long time for little legs.

A spokesperson said: "The event was hugely successful and the staff, children and families are looking forward to their trip to this year's 'Gwyl Feithrin' at St Fagan's this summer."

GORCHYMYN CYNGOR BRO MORGANNWG

(LLWYBR CYHOEDDUS LLANFLEIDDAN Rhif 51) (CAU DROS DRO) 2017

Mae Cyngor Bro Morgannwg wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill, yn bwriadu, o fewn dim llai na saith diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr atodlenni isod: -

ATODLEN 1

1. Ni chaiff unrhyw un gerdded yn y lleoliadau a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad	Y llwybr (Hawl Tramwy Cyhoeddus) a adwaenir fel Llanfleiddan Rhif 51 ar gau o'r man lle mae'r llwybr yn cwrdd â Llantwit Major Road, y Bont-faen, grid 298419 174557, ac ymlaen tua'r gogledd orllewin i'r man y mae'r llwybr troed yn cwrdd â'r llwybr hawl tramwy cyhoeddus a adwaenir fel Llanfleiddan Rhif 50, grid 298248 174735.
Llwybr Arall	Bydd gwyriad ar hyd llwybr dros dro i'r gorllewin o Lwybr Troed Llanfleiddan Rhif 51 ar gael.
Rheswm	Atal perygl i gerddwyr tra bo gwaith cloddio'n digwydd.
Hyd	O 00.01 ar 15 Mai 2017 am chwe mis ar y mwyaf

Dyddiedig 04 Mai 2017

M. E. Punter,
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg,
Yr Alpau, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL

(LLANBLETHIAN PUBLIC FOOTPATH No 51) (TEMPORARY CLOSURE) ORDER 2017

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

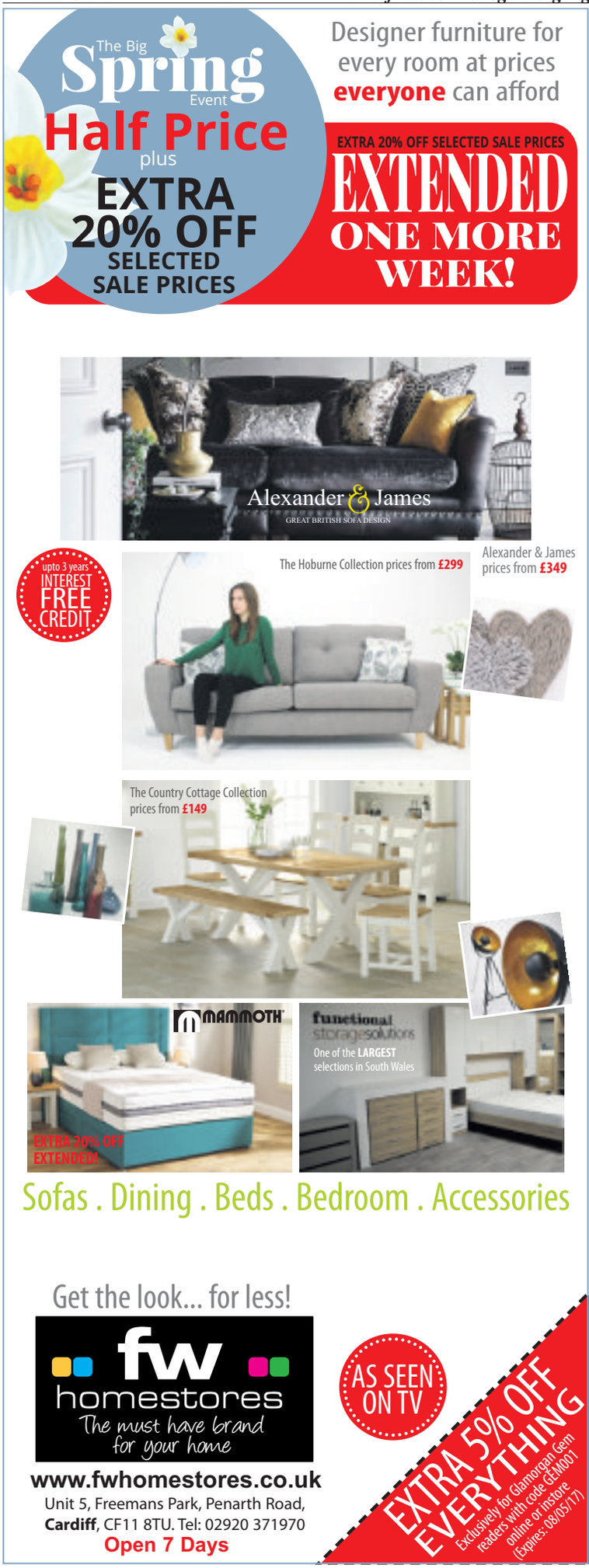
1. No person shall proceed on foot in the location specified in Schedule 2 below.

SCHEDULE 2

Location	Footpath (Public Rights of Way) known as Llanblethian Number 51 closed from the point from where this path meets the Llantwit Major Road, Cowbridge at grid 298419 174557, and continuing in a north westerly direction to where this footway meets the Public Right of Way known as Llanblethian No 50, at grid 298248 174735.
Alt. Route	During this closure a diversion via a temporary footpath to the west of Footpath Llanblethian No 51 will be available.
Reason	To prevent danger to pedestrians while excavation work is carried out.
Duration	From 00.01 on 15th May 2017 for a maximum period of six months.

Dated this 4th day of May 2017

M. E. Punter,
Director of Environment & Housing
Vale of Glamorgan Council,
The Alps, Wenvoe. CF5 6AA.



The under-5s Easter bonnet competition was judged by Cowbridge Rotary president, Steven Blackman and his wife Julie, ably assisted by Mr Nibbles. Photograph by Rachel Blackman

A special guest for the Cowbridge Easter egg hunt

IT might have been a very blustery day, but even that couldn't keep excited children – and an equally excited Easter Bunny, Mr Nibbles – away from the Cowbridge Rotary Easter egg hunt and bonnet parade in the grounds of the Old Hall in Cowbridge on Easter Sunday.

Donning a spectacular array of Easter bonnets featuring everything from Easter eggs and fluffy chicks to bunny ears, feathers and bows, dozens of children stepped up for the judging in the Easter bonnet competition by Rotary president and his wife, Stephen and Julie Blackman.

Three winners in each category were presented with prizes of gift vouchers by Mr Nibbles.

It was then time to embark on a search of the Old Hall grounds and Physic Gardens to track down the Easter eggs and letter clues that would help solve the mystery word to win a tasty Easter egg.

Mr Nibbles joined in the fun, leading children on the hunt around the grounds, all searching for the clues that would win them a chocolate prize.

The day was also supported by an array of activities for children, including face painting and games, while adults and children alike were treated to cakes and cookies, all baked and served up in the afternoon tea tent by the wives and families of the Cowbridge Rotary team.

It might have been cold, but the sun poked its head through the clouds and kept the rain at bay, and everyone had a thoroughly delightful day.

Cowbridge Rotary would like to thank all the local traders, Rotarians, partners and individuals in and around the town, who supported the event with their generous donations of Easter eggs and cakes for the event, including the Cowbridge Co-op, Tesco Express and Waitrose, everyone who turned out on the day, and to The GEM for its continued support for Cowbridge Rotary and its fundraising activities.

Also, a very special thank you to Mr Nibbles (aka Henry Blackman).

MJL

Leave a legacy in her will? **Sue prefers to give a guide dog gift right now**

A BRIDGEND woman with a passion for guide dogs will be the guest of honour at a new puppy training facility.

Sue Harper is the first supporter to have a plaque erected at Guide Dogs Cymru's centre in Cardiff in recognition of her support for its newest young recruits.

A television advert prompted her to donate an initial £5,000 to name a puppy, and she has continued to support the Cardiff centre financially as it expands to accommodate younger dogs.

"I've never had money and always scrimped and saved," said Sue. "I was going to leave money to Guide Dogs in my will. But after meeting my puppy, I decided to donate another £8,000 while I'm still alive.

"That way, I have the enjoyment of seeing my puppy progress through guide dog training, right here in Wales."

Sue, a lifelong dog fan, chose to call her puppy Harper. "I was going to name her after my mother, but I thought Harper would be better," she said. "Six weeks after she was born I was sent a picture of my puppy, and I was bouncing with excitement."

Sue Harper with puppy Harper and Allison Charles of Guide Dogs Cymru (on right).

The pure golden retriever spent her first year in Chepstow with puppy walker Ingrid Shottin, who brought her to visit Sue. "It made me want to know more about how the dogs are trained, and how they are partnered with their eventual owner," said Sue.

"I didn't realise Guide Dogs used lots of different breeds, and how much goes into the training."

Harper is now 13 months old, and is one of the first sponsored guide dogs to receive all her training in Wales. "I might never know where she ends up, but I know she will make her owner's life so much better," said Sue.

"She might go to someone who is alone and doesn't have much in life, but I know Harper will give her all to help them get out and about, and be a really good friend.

"Dogs talk to you with their eyes. They don't ask for much, just to be fed, watered and loved. When I moved, I had to give up my pet Yorkshire terrier, Muffin, and it broke my heart.

"I felt I had let him down, but supporting Guide Dogs has given me a real high."

To find out more about supporting the Cardiff training centre or naming a guide dog puppy, contact community fundraiser Allison Charles on 07990 540130 or Allison.charles@guidedogs.org.uk

Cricket pavilion gets grand opening!

THE Southerndown Cricket and Social club have joined forces with the Great Western Cricket Club to open the newly renovated pavilion on the beautiful Heritage Coast in Southerndown. Thanks to the Dunraven Estate the club has a lease to play cricket for the next five years.

Locals and cricket fans from across the Vale arrived Sunday morning to attend the grand opening and to enjoy the food, drink, craft stalls and music.

The Secretary of State for Wales Alun Cairns was also in attendance to unveil the new pavilion.

He said: "I'm really pleased to be here. This project is a fantastic achievement and it's wonderful to see the community coming together. I'll support it in any way I can in the future.

"This is an excellent example of a community coming together. I look forward to the events that are planned."

Mr Cairns took time out of his busy schedule to come and chat to local businesses about the value of local Welsh produce and products.

Fwdge, Shelly's Foods, Afan Vale Chocolates, The Welsh Shortbread Company, Scenthrapy and children's author Kay Williams were in attendance with stalls, candles, chocolates and much more. Live music was provided by a variety of local musicians and despite the damp weather spirits were high.

Local community councillor Jill Needham said, "It was great to see the hard work from members of the community coming to fruition. Hopefully the cricket pavilion will be a place where everyone can gather and enjoy our beautiful village."

Carys Stallard, the chair of the Southerndown Cricket Club, has worked tirelessly over the last few years to ensure the future of cricket in the area.

Michelle Davies, of Shelly's Foods and The Welsh Shortbread Company, was instrumental in organising and planning the day. Robert Hopkin has done an amazing job rejuvenating the old pavilion along with the Great Western Cricket Team.

Donations have come in from locals, friends and businesses, with all wanting to help make the project a success. Howden's Joinery donated the kitchen and Waterstone's Homes, Euroclad, SDM Glass, Hanson, Steve Richmond Carpets, Rabart Paint Centre and Cricket Wales have all made this project possible.

Every Saturday from now until the end of September league, cricket will be played at Southerndown, with a barbecue at the end of every month.

The club welcomes locals, tourists and cricket fans to come together with the community in Southerndown to enjoy a game, the sunshine or a refreshing drink.

DANIEL J. HARRIS

Local boys impress in Cardiff music festival

Left to right - Benedict Griffin, Harrison Ollier, Jack Ollier

THREE young musicians from Barry are celebrating this week, following their successes at this year's South Glamorgan Festival for Young Musicians, which took place in Cardiff over the Bank Holiday weekend.

Jack Ollier (14) was placed second in the intermediate piano class for his performance of a piece by Clementi, he then went on to win the intermediate woodwind and brass class performing, unaccompanied, on the clarinet.

Benedict Griffin (11) won the junior woodwind and brass class for his performance of the theme from television show *Poirot*, played on the saxophone.

Harrison Ollier (nine) who has only been having lessons for 18 months, won the junior and intermediate guitar class. Jack and Benedict were then highly commended in the ensemble class.

Their teacher, Jo Weaving said: "I'm immensely proud of what these youngsters have achieved, they work incredibly hard, putting in hours of practice. It's great that their hard work has been recognised and rewarded."

Jo's students had 100 per cent success rate in their recent ABRSM exams. Merits were obtained by Elysia Hickery for grade 4 piano, Olivia Kaunhoven for grade 3 piano and Poppy Williams for grade 1 piano. Josiah Whiffen passed grade 5 piano.

Litter group

THE Love Cowbridge/Hate Litter group are in action again this Sunday morning (May 7) at 10am for an hour or so. All kit is provided; meet at Cowbridge Town Hall. New volunteers always welcome.

AGM at St Brides

ST BRIDES Major Community Council will hold its Annual General Meeting on Monday, May 8 at All Saints' Church, Southerndown at 7pm followed by the monthly meeting at 7.30pm. Public welcome.

Barry faintly alarmed by air-raid siren

ON May 1, the Barry War Museum group arranged a 'live' test for its recently-acquired World War Two vintage air-raid siren.

Permission was sought from the Vale Council to set it up on the old World War Two searchlight base at Nells Point, overlooking Whitmore Bay.

Group members, dressed in various uniforms, positioned themselves along the promenade to see if they could actually hear the siren. At the stroke of 1.30pm, it was cranked up by group members Ian Phillips and Steve Griffiths (*pictured right with the siren*), in front of a group of interested onlookers.

The test lasted for three minutes. In the event, it was faintly heard down on the promenade, and was also heard on Friar's Point.

We now know the effective range of the siren, which along with many other World War Two artefacts, can be seen at the Barry War Museum at Barry Island station building

Rotary presidents meet at Aberavon area meeting

DISTRICT 1150 held its area meeting at the Aberavon Coast Hotel on April 27. In attendance was Liz Davies, assistant district governor supported by her successor, Alison Sutherland.

The meeting was hosted by Neath Port Talbot Rotary Club and the following 1150 District clubs were represented by their presidents, president elects and various officers: Paul Thomas, president RC Port Talbot; Bob Broughton, president RC Bridgend; Wayne Morgan, PE RC Bridgend; Liz Davies, Current AG Area 7, RC Cardiff East; Vic James, PE RC Neath; David Harris, PE RC Cowbridge; Alison Sutherland, incoming AG Area 7; RC Cardiff Bay; Geoff Henderson, PE RC Port Talbot; Sandra Townsend, PE RC Porthcawl; Steven Blackman, president RC Cowbridge; Gwynfor Griffiths, RC Swansea Valley.

The agenda was busy, with Rtn Clive Edwards, District Governor nominee presenting a questionnaire on a district review. This prompted much debate and lively conversation.

Youth activities, competitions, area quiz and Rotary centenary in Wales were also discussed. This was an interesting and fruitful meeting which was followed by a splendid meal with good company and fine fare.

MAJOR (RETD) WAYNE B MORGAN MBE

ALL GO AT THE VALE PHOTOGRAPHIC CLUB!

'Ghostbusters'

One of the exhibition photographs

THE first Vale Cider Cup (sponsored by Vale Cider), a competition between the Vale and Bridgend Camera Clubs, aimed at getting maximum participation of club members, was held recently.

In all, 48 different photographers' prints were considered.

A spokesperson said: "The Vale won by the narrowest of margins. Peter Young was the judge brave enough to take on a different kind of competition.

"Comicon came to the Vale for a photoshoot in the hope of getting some quality images to post on social media. They work hard to create spectacular outfits based on their favourite films, videogames or comic characters or just dress up for the fun of it. We hope they liked the images from members."

This month also saw the opening of 'Taken in the Vale', the first exhibition to be hosted by the Senedd Oriel, Cardiff Bay.

The exhibition of 29 of members' prints runs until May 19. Many months of preparation went into this event and despite the venue changing at a late date, the committee managed to put on a display.

The thorny issue of censorship raised its head with one of the images being removed after the exhibition opened as it contained nudity.

The club will publish a book featuring the work shown in this exhibition (including the 'missing photograph') with input and sponsorship from The Vale of Glamorgan Tourist Board.

Next month the club is looking forward to a presentation by Don Moreley – the man who took the iconic photo of Muhammad Ali when he became world champion.

He may tell us how he managed to be the first photojournalist to get that picture to press well before all the others.

For further information, see www.vale-photographic-club.co.uk.

Summer first for Spectrum Singers

Spectrum Singers with musical director David Hutchings.

MAY sees the start of an exciting summer of firsts for locally-based Spectrum Singers, culminating in a Radio 3 performance in July.

On May 8 they make their first appearance in the Dinas Powys Music Festival in support of local charities, launching a new programme of music inspired by the beauty of nature – a choral celebration of the living world and its natural rhythms in folk song, jazz beats and soaring sacred music.

In June they are staging a pre-concert event at St David's Hall at the invitation of Eric Whitacre, who has been described as 'this decade's choral music sensation'.

July's climax is a concert at Dyffryn House, recorded for Radio 3. It will launch the premiere of a new piece written especially for them by emerging talent Rosie Clements under Making Music's 'Adopt a Composer' scheme, in partnership with Sound and Music and BBC Radio 3, funded by PRS for Music Foundation.

Musical director David Hutchings said: "The opportunities for Spectrum have been growing in recent years and it's now heartening to see the support for our new programme from a local festival, an internationally renowned composer and the UK music making community.

"Ultimately, though, it's our listeners who matter and I look forward to sharing our music with them this summer."

Spectrum Singers are a mixed chamber choir of experienced performers from across Barry, Penarth, Dinas Powys and Cardiff. They sing without accompaniment, allowing audiences to enjoy the full harmonic depth and variety offered by a wide range of musical styles.

For more information, see the website www.spectrumsingers.org.uk and go to www.dpmusfest.co.uk for Dinas Powys Festival tickets.

Vale woman's self-help book can help fitness fans turn hobby into a business

A VALE woman has written a self-help book designed to help people in the health and fitness sector combine their passion with running a successful business?

Karen Ingram at her book launch.

In *Thrive*, Karen Ingram, who co-founded the Barefoot Studio in Cowbridge (now in the Vale Business Park, shares simple and effective business tools to make being in business a joy.

Karen said: "Despite being good at what they do, many people in the health, wellbeing and fitness sector struggle to earn a living wage.

"Some at best, have a 'paying hobby' that just about covers the cost of their next course or qualification; while others make a loss, or are shored up by a second family income.

"We can all end up working long, often anti-social hours and catching up with admin late into the night."

Thrive highlights some of the common pitfalls that therapists and fitness instructors fall into when starting out in business.

The book takes you through five clear steps to get your business healthy, happy and fit.

Like many people in their mid-30s, Karen Ingram switched careers from a salaried job to run her own wellness business, working as a sole trader. She went on to co-found Barefoot Studio, a Pilates and wellness space, and has successfully grown the business over the last 16 years into one of the UK's largest Pilates studios.

As a teacher trainer, she has certified hundreds of people to become Nordic walking instructors and Pilates teachers and over the years has worked with many therapists, including osteopaths, counsellors, nutritionists, massage therapists, to name a few.

In Karen's previous 'day job', she worked in homelessness and crime in the not-for- profit sector, managing large teams.

When she started working in health and fitness, she began to realise that many people ran their businesses as if they were not-for-profits, with no eye on the bottom line.

In effect, they become misguided philanthropists.

In the first section, *Thrive* explores the common pitfalls that people fall into and the beliefs that are holding you back. Learn to think like a business person without compromising your values or ethos.

The second section of the book sets out Karen's five-step method for growing your happy and profitable business.

With useful tips and 'DO!' sections to work through, this book is both informative and practical. A book you can refer back to time and again.

Thrive is available from the Cowbridge Bookshop, Eastgate, Cowbridge, and from Amazon, Kindle.

PACT meetings

GIBBONSDOWN – meet your local neighbourhood team at Aberaeron HUB, Aberaeron Close, Barry, every Monday between 10am and 12 noon.

CADOC – local officers will be holding a surgery at Waitrose, Palmerston Road, Barry, on Monday, May 8 between 2pm and 4pm.

ILLTYD PACT at All Saints Church Hall, Park Road, Barry, on Monday, May 8 at 7pm.

GIBBONSDOWN PACT at The Residents' Board Office, Coychurch Rise, Barry, on Tuesday, May 9 at 10.30am.

CASTLELAND – police will be holding a surgery at Morrisons supermarket on Saturday, May 13 at 10am.

Contact 101 for non emergencies or log onto www.south-wales.police.uk for contact details for your local PCSO where you can contact them directly for non emergency matters.

'Didn't we have a lovely time the day we went to Brecon!'

FRIENDS and Neighbours senior citizen group had a wonderful trip to Brecon Canal and Brecon Town.

Some 50 members and volunteers enjoyed a amazing day with Dragonfly Cruises – a family-owned business. Skipper Dave welcomed them aboard and introduced them to their hostess for the afternoon, Tina.

The tables of four were laid with refreshments ready for lunch. The group had the barge to themselves.

As the barge took a gentle journey down the canal the members tucked into a variety of sandwiches, quiche and homemade cake followed by fruit salad. Tina the hostess then came around with hot drinks.

The two-and-a-half-hour trip was relaxing and they listened to the commentary giving historical facts about the canal.

The gentle journey along the canal through the lock and back was picture-perfect, with quaint cottages along the sides of the canal. They waved to the barges as they passed by, watched the ducks and took in views of fields and hedges through to the Brecon Beacons.

As the boat prepared to turn around, some of the members got off to stretch their legs at the aqueduct, take in the views of the River Usk and take some photos. The weather stayed sunny which was an added bonus for the trip.

The group then spent a short time in Brecon town looking around the many antique shops and gift shops. The streets were very narrow and it was lovely to see how it has kept its culture.

As they came back from their wonderful day out they chatted together about the lovely day they had and how they would love to do it again.

They are now looking forward to a trip to Wells in June and a mystery trip in August. Call 01446 400044 for further information. **GF**

Age Connects spring fayre a success

AGE Connects Cardiff and Vale held a successful Spring Fayre at Age Connects Senior Health Shop recently, when Jane Hutt AM opened the event.

Ms Hutt praised the The Senior Health Shop for all it does for the Vale and thanked volunteers for all their hard work.

The fayre was well supported by the community, with the cake stall selling out. The Stitch and Bitch group had a craft stall with lovely gifts, and Telecare Vale of Glamorgan gave advice and demonstrated new equipment for use at home in case of emergency.

The fayre raised £342, which will be used for the benefit of the Age Connects Senior Health Shop.

GVS HAS FUNDING SUPPORT AVAILABLE FOR COMMUNITY GROUPS IN THE VALE

THE Funding Information and Advice Service is one of the free services Glamorgan Voluntary Services (GVS) delivers.

Its purpose is to provide funding information, advice and assistance tailored to the specific needs of individual groups.

Many groups have been supported to successfully obtain funding, to enable them to provide vital services and resources that have improved the lives of beneficiaries. Over £18,000,000 has been raised by groups in the Vale through the support provided by GVS.

GVS offers a comprehensive funding service including: Open4Community funding searches carried out for groups by our experienced staff; access for groups to use the Open4Community tool; bespoke advice on completing funding applications and funding training courses.

For further details about GVS, contact 01446 741706; email enquiries@gvs.wales or see www.gvs.wales.

'Music in the Vale' help to raise the roof!

ON April 22 at All Saints Church, Barry, talented young musicians and vocalists from around the Vale performed at a concert organised as a joint fundraising project between the All Saints Church 'Roof Restoration Project' and the 'Music in the Vale' young musicians' competition.

The evening was opened by Paul Donovan, chairman of the fundraising committee and handed over to Allan Grayson-Jones, chairman of 'Music in the Vale', who presented the concert which included a total of 13 performances by competitors from the Music in the Vale competition last November in Penarth.

The concert began with Harrison Ollier (nine) on the guitar, a pupil at All Saints Church in Wales Primary School and a member of All Saints Church, who had been highly commended in the junior category and started with three pieces, 'Masquerade', 'Dance' and 'Balleto'.

Rhys Wynn Newton from Ysgol Gyfun Gymraeg Glyntaf and also a member of 'Only Boys Aloud' provided an accomplished performance of 'Standchen' by Schubert and returned following the interval performing 'Vocalise' by Rachmaninoff on the cello.

Jack Ollier (14) from Barry Comprehensive and All Saints Church music group played 'Romance – 2nd Movement of Five Bagatelles' by Finzi on the clarinet.

He followed this performance in the second half with 'Dr Gradus Ad Parnazzum' by Debussy on the piano, displaying his skills and talent which won him a scholarship in London.

Osian Twm Wiliam (nine), from Barry, gave a delightful and confident performance of 'Where is Love' by Lionel Bart followed by 'Coconut Man'.

Megan Thomas (13) from Ysgol Gyfun Gymraeg Glantaf gave a polished performance of 'Rising of the Lark' by OB Dussek and 'Au Bord Du Ruisseau' by H Renie.

William Davies (13) from Stanwell School, Penarth was the next performer playing the piano. William wants to be a concert pianist and gave a moving performance of 'Waltz In A – No.4 from Sechs Favoritwalzer' by C M Von Weber and 'Sostenuto Waltz in E Flat' by Chopin.

Rhiannon Ashley (19) from Newcastle Emlyn and Royal Northern College of Music Manchester gave a clear and pure performance of 'Noel Des Enfants Qui N'ont Plus De Maisons' by Debussy and 'Her Song' by John Ireland.

ABOVE: The young performers are joined by Vale AM Jane Hutt.

Following the interval were two accomplished performances by Nathaniel Alcolado (19) from Cardiff University on the marimba playing 'Rhythm Song' by Paul Smadbeck and 'Log Cabin Blues' by George Hamilton.

Manon Ogwen Parry from Penarth (17) who attends Ysgol Gymraeg Bro Morgannwg, Barry, gave a fluent and elegant performance of 'O Mio Babbino Caro' by Puccini and 'Art is Calling for Me 'by Victor Herbert.

Joseph Short (18) from Penarth and attending Stanwell School, gave a highly-accomplished performance of 'Jongo' by Bellinati on the guitar.

Finally, Grace Farrell (24) from the Royal Welsh College of Music and Drama gave the audience a professional performance that supported the acoustics within the church of three pieces by Jules Massenet, David Baker and Anon.

Closing thanks were provided by Fr Kevin Lake to all the performers who were outstanding and entertaining throughout the evening.

Thanks were also given to All Saints' organist James Bull and Sally Tarlton who accompanied a number of performers, and all those who had made the event such a success – with over £800 raised on the evening.

ANN ELLIOTT

Claire (54) is stunned by her first marathon

LEFT: Rhian Foxhall congratulates Claire Swallow after the marathon.

A WOMAN, aged 54 from Ewenny, who only took up running 18 months ago has amazed herself by running the London Marathon in under five hours!

Claire Swallow completed the course in four hours, 52 minutes – and this was only after starting running to make up numbers in a new running club!

That club was set up by Rhian Foxhall from Physica Fitness & Nuffield Health Gym in Bridgend. Claire went along expecting to jog for 20 minutes but was mortified to discover 60 minutes running was planned!

Following a family tragedy, Claire wanted to fundraise for 'Tommy's' – a charity working to reduce the incidence of miscarriage, premature birth and stillbirth, and running the marathon seemed a great way of doing this.

Claire said: "Rhian has been with me every step of the way. She drew up a training plan, devised gym programmes to support my running, advised on diet and ran along with me on the longer distances.

"She even cheered me on along the course as I ran the 26.2 miles through the streets of London.

"I'm so grateful for all my wonderful family and friends for their amazing help and support in raising over £5,000 pounds."

If you would like help the fund towards its £6,000 target http://uk.virginmoneygiving.com/ClaireSwallow1

THE VALE OF GLAMORGAN COUNCIL
CYNGOR BRO MORGANNWG

Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012

May affect a Public Right of Way/
Gall effeithio ar Hawl Tramwy Cyhoeddus

Application No:/ Rhif y cais:	2017/00220/FUL
Proposal:/Cynnig:	Erection of two large poly tunnels and three small sheds on current allotment site
Location:/Lleoliad:	Cowbridge Community Allotment

Details may be inspected for 21 days at the address given below, or via **http://vogonline.planning-register.co.uk/**

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy **http://vogonline.planning-register.co.uk/**

Dated / Dyddiedig: 4 May, 2017

V. L. Robinson
Operational Manager,
Regeneration and Planning,
Vale of Glamorgan Council,
Dock Office, Barry. CF63 4RT

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

MAY FAIR FUN IN COWBRIDGE

PHOTOGRAPHS by MIKE WILCOCK

FROM bonny babies to bounding bulls and cantering cows, and from choirs to cadets to cream cakes, Cowbridge's May Fair, held last Monday (May 4), had something for almost everyone – and even the weather for the fair was, well, mostly fair.

Organised by the Llantwit Major and Cowbridge Lions Club, the event attracted people from all over the Vale and further afield.

The massed ranks of the Rock Choirs.

Ready to serve thirsty customers.

ABOVE: The CAOS seniors singing, while the junior section wait their turn.

Crematorium donates £5,000 to Marie Curie from recycling scheme

PICTURED: Assistant manager at Cardiff and Glamorgan Memorial Park, Claire Davies, Marie Curie community fundraiser Hannah Leckie, manager of Cardiff and Glamorgan Memorial Park Michelle Jones and Marie Curie community fundraiser Clare Wright.

A £5,000 donation has been presented to a Penarth hospice, thanks to a recycling scheme at a nearby crematorium memorial park.

Marie Curie community fundraisers, which provides care and support to people living with a terminal illness and their families, were delighted to accept the donation from Cardiff and Glamorgan Memorial Park.

Michelle Jones, manager of the crematorium and assistant manager Claire Davies, visited the charity's Cardiff and the Vale Hospice to present the donation to community fundraisers Hannah Leckie and Clare Wright.

The funds were raised as part of the team's work with the ICCM (Institute for Cemetery and Crematorium Management) to raise funds through their Recycling of Metals Scheme. The scheme has raised £3.3 million nationally since it was established.

Michelle said: "At Cardiff and Glamorgan Memorial Park, we understand that living with a loved one who has a terminal illness can be a difficult and emotional time.

"We were absolutely delighted and honoured to be able to provide Marie Curie with the much-needed funds they require in order to continue to help families in need."

Hannah Leckie, community fundraiser for the hospice, said: "We are so grateful to Cardiff and Glamorgan Memorial Park and Crematorium for selecting Marie Curie as their chosen charity on this occasion.

"This will help us continue to provide expert, round-the-clock care and support to people living with a terminal illness and their families."

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TAX ADVICE FOR OLDER PEOPLE

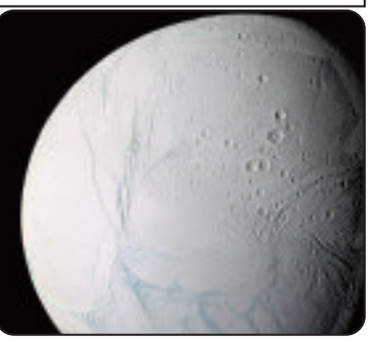
A TAXHELP for Older People (TOP) surgery, offering free professional advice to older people on a restricted income, with income tax queries and/or problems will be held at Roz Couzen's Chiropody Surgery, Unit 4, Commercial House, Commercial Street, Llantwit Major CF61 1RB on Monday, May 8 from 10am unti midday.

No appointment is necessary. To access the TOP's helpline, telephone 0845 601 3321 or 013908 488066.

Home visits can be arranged via the helpline for people unable to attend the surgery.

ASTRONOMY CORNER

RIGHT: Cassini has observed icy jets spewing from an underground global ocean on Saturn's moon, Enceladus, which scientists believe might be hospitable to alien life.



JUPITER has passed its maximum brightness but still shines prominently in the early night sky.

Saturn reaches its northern summer solstice when its north pole points directly towards the Sun and thus, pretty much towards Earth too, so the rings will be on brilliant display.

This only happens every 29 years. The US space agency (NASA) is calling an end to 12 years of *Cassini*'s exploration and discovery at Saturn because the probe's propellant tanks are all but empty. Cassini has used a gravitational slingshot around Saturn's moon Titan to put it into an orbit that takes it in between the planet's rings and its atmosphere.

This is the grand finale for *Cassini* as the manoeuvre also means that it cannot escape a fiery plunge into Saturn's clouds in September.

At the end of April, *Cassini* pulled on the gravitational 'elastic band' one last time to shift from an orbit that grazes the outer edge of Saturn's main ring system to an orbit that skims the inner edge, and puts it less than 3,000km above the planet's cloud tops.

The probe has already made two of these gap runs and will make 20 more, repeating the dive every six and a half days until its final death plunge at 10:45 GMT on September 15.

The Eta Aquarid meteor shower, produced by dust particles left behind by Halley's comet, becomes visible during the evenings of May 6 and 7 with up to 30 sightings per hour.

Report by Norman Lloyd

FASHION SHOW

A SUMMER fashion show will be held at Golau Caredig, Barry (old cinema site) on Thursday, May 11 at 10.30am to raise funds for the orchard planned for Llandough Hospital, which will be open to the public, patients, visitors and staff to use when completed.

New summer fashions from Bon Marche, Barry, will be modelled with a discount being offered to attendees; entry by donation.

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Mental health isn't just the absence of illness

MAY 8-14 is Mental Health Awareness Week and lecturer in sport and fitness at The Open University, Karen Howells, recently talked about how exercise, specifically running, can impact on mental health and how to get started.

She said: "We know exercise is good for us; physically it can prevent diseases such as diabetes and keep us at a healthy weight. It can also have a positive impact on our mental health, particularly affecting stress, anxiety and depression. However, mental health is not just the absence of a mental illness, it is also how we feel such as our self-esteem, mood, and feelings of belonging – these are all things exercise can boost.

"The physiological explanation of why exercise can impact on our mental health is that it boosts dopamine and serotonin levels and releases endorphins. Dopamine and serotonin have a positive effect on our attention levels so we feel more engaged as a result; and endorphins can boost our mood.

"Particularly with running, there is a social element which can boost our mental wellbeing. For example, with the London Marathon, even those who didn't get a place are still encouraged through email contact to get involved in running and go out with local groups. If you run with like-minded people, it can enhance your sense of belonging, self-worth and self-esteem. Running in itself is also a distraction and can give people time away from a cycle of negative thoughts that are often characteristic of depression.

"Although we may all start with the best of intentions, having some structure and setting goals can increase the likelihood that we are going to continue after that first day! If you're not a runner, a good way to start is with something like the 'Couch to 5K' app which gives you a structure and some short term goals.

"Having company is also a good motivator and increases your chances of continuing, starting with someone in the same position can be helpful, as is joining a club. The social support is important early on to ensure people stick with what they are doing, often there are good intentions but these can easily fall away."

Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D981.

- **£2,000:** 269858.
- **The rollover, which now stands at £4,500, was not won this week.**
- **£10:** 762101, 585095, 403449, 744067, 215754, 838641, 719246, 258810, 725236, 835661, 116154, 186205, 375043, 930982, 717164, 691213, 194363, 170789, 598522, 508954.
- **£5:** 488693, 492894, 174292, 273724, 780768, 496323, 718091, 148428, 661885, 470690, 859960, 724034, 830157, 822281, 739556, 742820, 203598, 148232, 775756, 780861, 329837, 236380, 383062, 412502, 747285, 888526, 613311, 574060, 687457, 838878, 377483, 477085, 178502, 537922, 719985, 268968, 459311, 544542, 383757, 801970, 788588, 249546, 345619, 727869, 617716, 565419, 864447, 197089, 398451, 135011, 477750, 847462, 419088, 879552, 90, 1082, 1217, 1275872, 1853418, 1545716.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2053 2300.

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DOUBLE SUCCESS FOR COLLEGE

Alice Fudge receives the hair-up level two award from Sarah Chamberlain of City & Guilds, and Berni Tyler, managing director of ISA Training.

CARDIFF and Vale College celebrated a successful day at Wales' 'premier hair and beauty event' in Cardiff on Sunday.

The college won two of the eight competitions and had another four students in top three placings at Salon Cymru, which attracted around 500 competitors and spectators to Y Plas, Cardiff University's Students' Union.

Salon Cymru is organised by Bridgend-based ISA Training, the largest independent hair and beauty training provider in Wales.

Hairdressing and beauty talent from across Wales attended the annual event in Cardiff to showcase their creative skills.

Alice Fudge, 22, who works in Cardiff's Precision salon, won the hair-up competition for level two students and Nadia Hadjali, 41, from Barry, won the hair-up level three award.

Other placings saw Emily Taylor come second in the hair-up level two, Shohreh Taherian and Ortise Jolone Nelly Tametah come second and third respectively in the hair-up level three and Elizabeth Connors come second in the barbering level two.

Alice, who opted for a career in hairdressing after achieving a degree in event management, said she was amazed to win the hair-up competition just nine months into her apprenticeship.

"It's only my second competition and I wasn't expecting to win," she said. "Competing has been an amazing experience and I'll be back next year."

She hopes to become a session stylist and develop skills in theatrical make-up.

Nadia came to Wales six years ago. She explained that she had wanted to become a hairdresser from the age of five and was now realising her dream.

"Salon Cymru is my favourite competition and it means a lot to me to win this award," added Nadia, whose ambition is to work on a fashion shoot.

"I love to take part and to challenge myself and to win is the cherry on the cake."

Nadia Hadjali receives the hair-up level two award.

Hilary (70) to zipline for local charity!

HILARY PASCOE will be zip-lining for her 70th birthday to fundraise for The Wildlife Trust of South and West Wales.

Hilary will be heading to north Wales this Friday (a week before her 70th birthday) to take on the fastest zip line in the world: Zipworld Velocity in Bethesda.

The zip line reaches speeds of up to 100mph.

Hilary said: "I wanted to do something a bit different to mark my 70th birthday and, in the process, raise some funds for The Wildlife Trust.

"I didn't fancy cycling up Everest and I can't run a marathon as I've had both of my knees replaced. So I thought I would take on the longest zip-line in Europe and the fastest zip line in the world! A bit crazy - but that's me."

Hilary has been a member of The Wildlife Trust of South and West Wales for eight years; however, she has never done a sponsored challenge before.

A spokesperson said: "The Wildlife Trust of south and west Wales is honoured that Hilary has decided to take on such an adrenaline-packed challenge in order to help the charity with its aim to protect local wildlife, both now and for future generations to enjoy. "

When asked what she would like the money that she raises to go towards within The Wildlife Trust, Hilary replied: "I support the whole work of the trust so I would like this to go towards general costs. "

The spokesperson added: "Anything that you could spare to help Hilary fundraise for The Wildlife Trust would be greatly appreciated. She has managed to raise over 90 per cent of her £1,000 target so far, and just needs to raise the last few pounds before she takes to the skies this Friday. Visit Hilary's JustGiving page here: www.justgiving.com/fundraising/Hilary-Pascoe."

DIABETES EVENT

THE Vale of Glamorgan Diabetes UK Voluntary Group meets next on Tuesday, May 16 in the Board Room, Llandough Hospital, Penarth from 7.30pm – 9pm.

The speaker will be Dorothy Debrah (Cardiff and Vale UHB – Dietetics) will be giving a talk on 'Your Diabetes, Your Diet" which will encompass peoples' diets for both Type 1 and Type 2 diabetes. Anyone welcome!

Investors confident in UK economy, says Vale MP

ASTON Martin's decision to invest in St Athan is an indication of investors' confidence in the UK's future outside the European Union, says Alun Cairns.

The Welsh Secretary and Vale MP was responding in the Commons to a question from the Labour MP for Merthyr Tydfil and Rhymney, Gerald Jones.

Mr Jones told him Prime Minister Theresa May has said she is prepared to walk away from the Brexit negotiating table without a trade deal with the EU, and the Foreign Secretary has said that no deal would be no problem.

He added: "No deal could see tariffs of 30 per cent to 40 per cent on Welsh dairy farmers and meat producers, and 10 per cent tariffs on Welsh car manufacturers.

"Is it not the case that this Tory Government are prepared to play fast and loose with the Welsh economy, with an extreme Tory vision of Brexit that would put Welsh jobs and livelihoods at risk?"

Mr Cairns said he did not recognise the basis of Mr Jones' question.

He told him: "We want the freest, most open trading agreement, and it seems to me that the real investors, who are creating real jobs, are taking us towards our ambition.

"We have seen major investment by Nissan in Sunderland, major investment by Toyota in Derbyshire and major investment in my constituency by Aston Martin.

"That demonstrates their confidence in our vision as we leave the European Union."

REPORT BY MICHAEL PROSSER

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Out & About with The GEM

CLASSIC MOTOR SHOW IN BRECON

BRECON Motor Club will host and organise the fourth Brecon Classic Motor Show on Sunday, August 6, at a new location in Libanus, Powys, seven miles south-west of Brecon..

The new location, 'Paddy's Field,' is directly off the A470 and will be well sign-posted.

Providing stunning views toward Pen-y-Fan, the highest mountain in the UK south of Snowdon, the site will provide more parking and enable the organisers to provide even more attractions to enhance the visitor experience.

Each year the event grows in stature and last year, it became clear to the organisers that it had outgrown the National Park Visitor Centre.

The inaugural event in 2014 saw around 100 vehicles on display. Last year, well over 300 classics were exhibited including sports cars, American classics, rally cars and vintage tractors.

The friendly atmosphere of the show encourages visitors to mingle with the owners of the vehicles and to improve their knowledge of motoring history.

Judging for the 'Best Car in Show' and 'Best Bike in Show' awards takes place throughout the day. After its success last year, a 'Visitors Choice' prize will be awarded before the close of the event.

Brecon Classic Motor Show will again raise money for Wales Air Ambulance in 2017. This emergency service charity has saved many lives in the Principality since its inauguration on St David's Day in 2001.

Entries are invited from the owners of veteran, vintage, classic, sports and prestige cars and motorcycles. Historic commercial vehicles, tractors and farm implements are also welcome.

Entry forms for participants are available to download from the Brecon Motor Club website: www.breconmotorclub.co.uk, call the organisers on 07711 885388.

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Marvel do it again as Guardians of the Galaxy Vol 2 is a sublime triumph

WHILE most Marvel films seem to be something akin to shooting fish in a barrel in terms of their critical and commercial success, it seems crazy to think that back in 2014, *Guardians of the Galaxy* was regarded by many as potentially being Marvel's first big failure, telling, as it did, the story of a band of rogues in deepest space, numbering among them a talking tree and a violent racoon.

However, $773 million and a raft of praise later, *Guardians of the Galaxy Vol. 2* arrives not with trepidation but with anticipation, about how it will match up to its illustrious forbearer.

With James Gunn at the helm yet again, here we meet the Guardians mere months after the end of the first film.

Still together, the group (consisting of Chris Pratt's *Peter Quill*, Zoe Saldana's *Gamora*, Dave Bautista's *Drax*, *Groot* (voiced by Vin Diesel) and *Rocket* (voiced by Bradley Cooper) are making their way across the galaxy as bounty hunters.

Yet when they anger Ayesha (Elizabeth Debicki), the ruler of a planet, they find themselves seeking solace in many places – including discovering Peter's mysterious birth father Ego, The Living Planet (Kurt Russell)...

It's safe to say that having done their best to educate cinema goers about who the Guardians of the Galaxy were, in three years Marvel have created an unprecedented level of excitement for what were a marginal concern in relation to the perceived big guns of the comic book genre.

So …Vol. 2 is a film that not only needs to satisfy the fan base who so love the first outing, but also deliver something fresh, thrilling and satisfying in terms of a sequel.

Unsurprising, Volume 2 is a film that is more than a match for its progenitor, one that manages to up the scale and spectacle yet also instil depth of character and emotion which serves all the main players across the board – in short, it's one of the best Marvel outings to date – easily.

Much of the credit for this goes to James Gunn, a man who was known as a director of mainly idiosyncratic fare prior to the first Guardians... film, but who here shows the bravura confidence and assuredness of a man who will be playing in the mainstream sand pit for as long as he wants'

Tackling sequels, and their maxim of 'Bigger! Better! Darker', is a tricky enough task even without the pressure of following something so beloved, but Gunn (who also wrote the script) manages to do it with seeming ease.

Yes the maxim is followed, but while the bigger and (arguably) better element is served, darker is replaced with emotional intimacy, which works exceptionally well.

If the first film set up the dysfunctional family of the Guardians, here we see what happens in the aftermath of them sticking together, the bickering and moods of the characters ringing true and sketched with skill and detail.

Yet there is a strong sense of the notion of family (and not in a ham-fisted *Fast & Furious* way), both literal and figurative that grants the film a wonderful depth and no little emotion – in fact, it's surprising how many times this film will give you 'something in your eye'.

Not a single character feels wasted or lacking thanks to Gunn's script, and the performances are deft enough to match – Chris Pratt takes Quill's cool rock star to more mature and emotional levels through his burgeoning relationship with his father Ego (the always effortless Kurt Russell).

Zoe Saldana has her own family issues with the returning Nebula (played by Karen Gillan), Dave Bautista deadpans excellently as Drax while even the likes of Groot and Rocket are given depth.

Visually Gunn shows an ambition to increase the scope of the film and there are some superb set-pieces – the opening sequence, set to ELO's 'Mr Blue Sky' that manages to be both kinetic and hilarious, and a battle between Gamora and Nebula that riffs on *North By Northwest* – of all films – show how more confident the director is this time around.

The only criticism to be levied at the film is that while it is exceptionally funny, there are a few occasions where Gunn plays a little too glibly at moments of high drama; while the laughs come quickly and often, there are times when you need the more dramatic elements need to be conveyed straight-faced, and Gunn often undercuts these moments when perhaps he should let them breathe.

That said, you'll be hard-pressed not to leave *Guardians of the Galaxy Vol. 2* with either a) a big goofy grin, or b) slightly reddened eyes. If you're really lucky you may end up with both, as this is a film that manages to deliver excitement and emotion with ease.

VERDICT - Another triumph for Marvel, *Guardians of the Galaxy Vol. 2* is an absolutely wondrous film that will make you laugh, cry and everything in between.

James Gunn has done it again, creating a piece of work that has scale and emotion, and works tremendously well, with excellent performances across the board. There will be fewer films that will be as incredibly fun to watch as this one. Essential viewing.

SEE THIS IF YOU LIKED: *Guardians of the Galaxy* (2014), *Star Trek Beyond* (2016)

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

COWBRIDGE GETS ITS OWN WALKABOUT WEDNESDAY!

COWBRIDGE will be firmly on the map when the Vale of Glamorgan Walking Festival gets going later this month.

"The town is having its own special launch, meeting outside the Town Hall on Wednesday, May 24 at 9.15am, followed by a two-mile stroll around the historic town," said Valeways Festival chairman, Marion Eynon.

"We're hoping walkers of all abilities will come and join us!"

The town's Walkabout Wednesday will also include an eight-mile stretch on the theme 'Castle, Court and Wells'; an introduction to the famous Millennium Trail; and, in the evening, a highly enjoyable ramble in search of Vale ale.

The festival of 28 free, guided walks showcases the whole Vale over six days, May 23 – 28, covering town, coast and country.

For full programme and terms, watch The GEM or go to www.valeofglamorganwalkingfestival.org.uk.

WHAT'S ON AND WHERE?

Benefits advice

IF you need advice or help on benefits such as Pension Credit, Attendance Allowance, Housing Benefit or Disability Living Allowance Age Connects Cardiff and Vale run a free Welfare Rights Service which can help you with any of these issues at the Senior Health Shop, Bsrry.

An adviser from Age Connects will be available to chat to and help with form filling on Tuesday, May 9 from 9.30am – 12 pm. No appointment is needed. Contact 01446 732385 for further information; home visits can be arranged if needed.

For those over 50 affected by cancer (or caring for someone with cancer) Age Connects run an advocacy service which can help you and your loved one with support: accompanying you to hospital appointments, listening time and assistance in what practical and financial help is available.

A session will be held on May 9 from 10am to 12pm at The Age Connects Senior Health Shop, 38 Holton Road, Barry. No appointment is needed.

Valeways guided walks

ON Wednesday, May 10 the Coffee Shop Strollers will meet in Cosmeston outside the visitor centre at 10.30am.

They meet the same day at 2.30pm in the town hall car park in Llantwit Major.

On Saturday, May 13 meet at 11am at the Natural Burial Ground off the A48 (west of Culverhouse Cross) for 'Views to the North'.

Cowbridge U3A meeting

THE next Cowbridge U3A meeting will be a talk entitled 'Lost for Words', an inspirational story of overcoming adversity, by Alan Badmington, at 2pm on Wednesday, May 10 in Cowbridge Town Hall.

Visitors welcome; there is a small fee, which includes refreshments. See www.u3asites.org.uk/cowbridge.

Porthcawl Floral Arrangement Society

A FLOWER demonstration by Alwyn Page, 'A Walk on The Wild Side', takes place at Awel-y-Mor, Porthcawl, on Wednesday, May 10 at 7.30pm. Doors open at 6.30pm; everyone warmly welcomed.

SHOUT in Bridgend

SHOUT Bridgend, the over 50s forum, is holding its next meeting in the Evergreen Hall, Angel Street, Bridgend on Wednesday, May 17 at 10.30am.

It is free of charge and there will be a talk from Andrew Thomas from Bridgend County Borough Council who will be discussing the Council's Ageing Well Plan for the over 50s, who account for over 30 per cent of the population within the borough.

Fit for life: Cardiff care home opens specialist gym for its residents

A PRIVATE nursing home in Cardiff has opened a new specialist on-site gym for residents – the only care home in the city to offer this facility.

Tŷ Llandaff care home in Conway Road, Pontcanna has added the gym to its already comprehensive array of facilities and services to encourage residents to exercise.

The care home, which offers nursing, residential and respite care, opened in December and has the ability to accommodate people for nursing or residential care from the age of 18.

The aim of the new gym is to help support the physical and emotional health of the care home's residents, which can enhance their overall quality of life.

Tŷ Llandaff's activities staff will work with residents who are interested in this type of activity with bespoke health and fitness programmes.

Tŷ Llandaff is an 'all-inclusive' care home and the specialist gym is free to use for all residents.

ABOVE: The gym facilities at Tŷ Llandaff

The gym has a range of state-of-the-art equipment including a Kinesis all-body workout machine, a bicycle and a selection of equipment for core training. The equipment can be adapted to suit individual user for simple circuit training workouts to tailored programmes.

The Kinesis machine allows 360-degree movement, which improves balance and stability. Unlike traditional weighted cable equipment, this machine provides free movement and studies have shown this can result in a significant increase in overall body strength in just six weeks.

Tŷ Llandaff care home manager Janice Evans said: "We are delighted that our new gym can provide our residents with a way to maintain the active lifestyle that they are accustomed to in a pleasant and safe environment.

"We have included specialist equipment which specifically supports weight bearing training and is safe and easy to use.

"Research has shown that exercise is a good example of preventative care which can help residents become better equipped to fight disease and improve mobility.

"Exercise is known to be a mood enhancer and can also relieve stress and help you sleep better. We look forward to demonstrating the equipment to the residents."

For more information, call Janice on 02920 600100, email info@tyllandaffcare.com or visit www.tyllandaffcare.com.

Calling all superheroes to support young patients!

THE Noah's Ark Charity is calling on primary schools in the area to become superheroes for young patients at Wales' only children's hospital this summer term.

The charity wants primary schools to sign up to its first ever Big Schools Superhero Challenge – a fun sporting event where children run, walk or wheel either one or two kilometres dressed as their favourite superhero in return for sponsorship.

The idea for a superhero-themed fundraising event has been inspired by children treated at the Noah's Ark Children's Hospital for Wales.

Noah's Ark Charity community engagement manager, Kath Fisher, said: "Young patients at the hospital are often called superheroes by the people who care for them. Whether they've been injured as a result of an accident, are receiving treatment and therapy for a long term condition or recovering from an operation or sudden illness, we see their courage and determination every day.

"By taking part in this event, schools really will get the opportunity to become heroes themselves – to children who need the support of the hospital in their own community."

By registering online, schools will get instant access to a download containing a full resource pack including sponsorship forms, letter templates and a 'make your own costume' guide.

Ms Fisher added: "We designed the challenge to be fully inclusive so children can run, walk or wheel a distance that's suitable to them.

"There's also no need to spend money on expensive costumes because we'll provide you with an easy guide to designing and making an outfit of your very own. What matters to us is that everyone that wants to take part, can take part."

To register a nursery or primary school for the Big Schools Superhero Challenge visit www.noahsarkcharity.org/schoolssuperherochallenge.

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Celebrating our pets...

DURING National Pet Month, which encourages responsible ownership and support for animal charities, The GEM has been celebrating our wonderful companions.

Wendy Bryan's 12-year-old cat Misty is a registered pet therapy visitor who likes to sleep in unusual places when she is not visiting nursing homes and hospitals.

Rescue dog Bonzo, in his happy home now for two years.

Happy little Bichon Frise Frankie " ... is a real treasure," says Violet.

This is Anne's Jack Russell Toby, resting after playing with his ball on Frampton fields.

Nikki's Chihuahua Jake (aged five) who likes to get the highest point in the garden for the sun!

Snooze time for Skampy, Jasper and Frisky, rescue cats of Janet and Dean.

Here is Keri's dog, Tilly.

18-month-old poodle-cross Bonney-Ann, who lives with the Field family.

Flybe expands choice from Cardiff Airport

FLYBE has announced the first phase of its 2017/18 winter programme from Cardiff Airport, featuring 14 routes offering a choice of up to 68 flights a week and including a choice of ski and winter sun routes.

Seats are available for booking now and are on sale for travel between October 29 and February 28. One way fares are from £24.99 including taxes and airport charges.

The new schedule includes an increase in the number of flights to Jersey due to customer demand following an uplift in visitors from the Channel Islands to Wales.

The schedule features:

• 14 routes including new weekly service to Rome, carried over from the summer and operating for the first time in winter.

• Flights to Glasgow increase to six a week,

• Two ski routes available from December to Chambery and Geneva.

• Daily flights to Paris Charles de Gaulle and multiple dailies to Edinburgh and Dublin,

• Twice weekly flights to Faro.

• Flights to Berlin Tegel (Tues/Thurs/Sun) and Milan (Mon/Wed/Fri)

Vincent Hodder, Flybe's Chief Revenue Officer, commented: "We're pleased to be able to offer these 14 key routes from Cardiff as part of the first phase of our 2017/18 Winter programme."

Spencer Birns, Commercial Director at Cardiff Airport, added: "It's very positive to see Flybe responding to our customers, who are asking for more choice, frequency and convenience with great prices offered on all of the routes.

"Flights are proving to be really popular and this helps to give Flybe the confidence to continue adding more choice from Cardiff."

Full details of Flybe's 2017/18 winter schedule is available at www.flybe.com.

'FREE FOOD FROM TESCO' for community groups and charities

TESCO and FareShare are calling on charities and community groups in and around the Vale to register for a scheme for surplus food to become meals for people in need.

The food is free and includes fresh produce, such as fruit, vegetables and bakery products. Chilled products like meat, cheese and ready meals are also offered.

Tesco's Community Food Connection programme with FareShare FoodCloud recruits and supports charities and community groups, linking them to Tesco stores via an app that allows store teams to alert them to surplus unsold food items available at the end of each day.

Tesco is now set to extend Community Food Connection to its convenience stores across the Vale.

Groups that benefit include homeless shelters, substance abuse rehabilitation services, after-school clubs, foodbanks and domestic violence refuges.

The scheme forms part of Tesco's commitment to help reduce food waste across the food chain, and through the Community Food Connection, they have set a target that no food that is safe to eat will go to waste from their UK retail operations by the end of 2017.

Rhodri Evans, Tesco's Wales local communications manager, said: "We're proud to already support local charities and community groups through Community Food Connection from our larger stores.

"We are looking forward to forging strong links with local charities and community groups in the Vale and supporting their efforts."

Since launching in February 2016, more than half a million meals have now been donated to good causes in Wales thanks to Tesco's Community Food Connection scheme.

If you are a charity or community group that could benefit from the support of Community Food Connection, visit www.fareshare.org.uk/fareshare-foodcloud to register.

For all the latest news from your area - glamorgan-gem.co.uk

Malmo Hearing Ltd – local hearing for local people

MALMO Hearing are a customer service and national audiology award-winning family-run business devoted to offering the best solution for your hearing needs.

Their main branch, conveniently located in Bridgend town centre (Derwen Road) is open six days a week: Monday – Thursday from 9am – 5pm, Friday from 9am – 3pm and Saturday, 9am – 1pm.

Malmo also have a shop on Caerleon Road, Newport, which is open Monday – Thursday from 9am – 5pm.

They also carry out home visits by request, including all SA postcodes.

Malmo have partnerships with pharmacies, GP surgeries and opticians throughout south Wales, enabling them to offer a customer-focused and community-based service.

Clinics

Malmo currently run regular clinics with partners in the following locations: Treorchy, Talbot Green, Dinas Powys, Barry, Caerphilly, Blackwood, Pontypool and Newport.

Malmo's highly qualified and experienced audiologists are welcoming and friendly and offer:

- Free hearing assessments.
- Free hearing aid demonstrations.
- Micro suction wax removal.
- Tinnitus advice and hearing protection.
- Hearing aid repairs and servicing.

Hearing protection

Malmo Hearing offer custom-made hearing protection, whether it's for musicians playing live, rehearsing or at gigs and festivals, bespoke swim moulds, motorcycle plugs, hearing protection for work, gunfire, surfing – we can arrange for these custom moulds to be made for you in a colour of your choice.

Our audiologists will take a mould of the inside of your ear and from this, hearing protection can be made specifically for you.

Contact us on 01656 652444 or find us on social media. For more information, visit *www.malmohearing.co.uk*

We look forward to seeing you!

GEM ADVERTISEMENT FEATURE

In Business Update

Expert's advice could avoid dispute

BRENDAN SWEENEY of David Prosser & Co Solicitors, writes:

It is estimated that 60 per cent of the UK population do not have a Will.

A Will takes effect on your death and is an instruction as to what is to happen to your estate.

Probate disputes and challenges to Wills are becoming a growth area, which often leads to substantial costs.

We now live in a world where family relationships are often very complex, and expert advice regarding the drafting of a Will is essential.

A professional advisor can also advise you in relation to inheritance tax, and how you plan to minimise potential liabilities to inheritance tax

It is important that people are fully aware of their duties and financial responsibilities when they make a Will, to ensure that they comply with the technicalities that are required to have a valid Will.

The cost of a professionally-drafted Will, after taking advice, is considerably less than the costs that can be incurred if there is a dispute regarding your financial affairs after your death.

Substantial costs can also be saved by taking professional advice early, and putting in place Powers of Attorney – whereby you appoint trusted people to make decisions about your property and financial affairs and health and welfare, if your lose capacity.

The people appointed are made fully aware of their rights and responsibilities.

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Telephone 01656 645921

E-Mail: brendansweeney@davidprosser.co.uk

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David Prosser & Co is the trading name of DP Law Limited.

Wagging Tails provide one-to-one boarding

MY name is Rhian, I love dogs and I operate the CF postcode area of Wagging Tails, ably assisted by my Labradoodle Daisy.

Wagging Tails is a home-away-from-home dog boarding service designed as an alternative to kennels.

We recognise that leaving your dog with a stranger whilst you're away can be daunting, so we provide one-to-one dog boarding with experienced and fully licensed carers, who are as passionate about your pet as you are.

A Wagging Tails experience is essentially a holiday for both you and your dog.

We provide regular updates and photos while you're away and make sure that however long your dog is with us, they feel like part of the family.

So, if you're going away and looking for the best care for your dog or you're interested in becoming a carer yourself, please feel free to contact me.

I look forward to hearing from you!

Call 02920 593522; 07778536381 or see cf@waggingtailsuk.co.uk.

Dog lovers wanted:

"Pleeease can I come to stay?"

While owners are away you will give their dogs love, exercise and companionship within your family home.

If you are at home all day, have no children under the age of six, have no more than one dog of your own and would like to enjoy the companionship of guest dogs please get in touch.

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cf@waggingtailsuk.co.uk
www.waggingtailsuk.co.uk/cf/carers
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During this event, we will offer the following **FREE SERVICES:**

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Please call early to make an appointment as space is limited
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T: 01656 652444
E: info@bridgend-hearing.co.uk

Malmo Hearing Limited
203 Caerleon Road, Newport, NP19 7HA
T: 01633 263784
E: info@newport-hearing.co.uk

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6 Derwen Road, Bridgend, Mid Glamorgan, CF31 1LH

Wednesday 17th, Thursday 18th & Friday 19th May 2017

from **9:30am** to **5:30pm**

We are pleased to announce that **Paul Lamb**, a "Highly Experienced Hearing Aid Expert," will be in our office on **Wednesday 17th May 2017** from **9:30am** to **5:30pm**.

up to **20% OFF!** RRP

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GEM ADVERTISEMENT FEATURE

In Business Update

Summer has arrived at Samantha B

IT'S official – summer is here, as I have seen more than one swallow, and we all know the saying, 'one swallow does not a summer make'!

It's time to think about changing your winter wardrobe for your summer. If you're thinking you need a couple of tops to enhance an existing outfit or something more special, we have it all at Samantha B.

We have just received our latest Bianca delivery; beautiful colours – cool aqua, teamed with gorgeous soft mocha feminine combinations. If you're looking for something a little different, Bianca never fails – always feminine with a little twist.

We have also had our first delivery of cool linen; trousers, jackets and blouses in lovely neutral colours that will fit seamlessly into your wardrobe.

In a world of endless change, it's always great to welcome back old favourites – sophisticated navy with classic neutrals; add a modern twist with a denim jacket – you can't go wrong with wardrobe classics. Fashion comes and goes, but style is forever.

We have had a really busy start to the season and have sold out of many styles already. Regular customers will know that we have a monthly delivery of Bianca and Olsen, so there's always something new to see.

If you would like to attend any of the forthcoming fashion charity shows on May 5 at Llancarfan; May 18 with Cowbridge Choir at Holy Cross Church or May 19 at the town twinning, Bridgend, call into the shop for details.

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Keep your dog fit and healthy with Eva's Dog Adventures

MY name is Eva Armstrong and I run Vale Dog Adventures, your dog walking and pet sitting service for the Vale of Glamorgan.

At Vale Dog Adventures, I would like to help people who love their dogs and want to provide them with the essential exercise they need, even when they are at work or are unable to walk due to another reason, such as ill health.

I deliver excellent customer service for both owners and their dogs and I am fully insured and registered with the National Association for Pet Sitters and Dog Walkers.

With me, your dogs will go for play and fun-filled walks, jogging and outdoor adventures.

We are out and about in any weather, either at the beach or in the beautiful Vale countryside. All walks include some positive behaviour training and ball or scent games.

Please contact me for a free meet and greet, by email, at *eva@valedog adventures.co.uk*.

In addition I offer puppy visits, senior dog care and house and pet sitting.

Please contact me if you would like to have a chat about the services I offer.

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All about your dogs having fun filled walks and hikes.
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www.valedogs.com

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Cardiff in bloom thanks to the RHS

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk

THE Royal Horticultural Show in Cardiff heralded the start of the gardening season last month, and photographer GLYN EVANS was on hand to capture the goings-on.

Ashdown can offer the finishing touch

COMPLETE your garden this spring with Ashdown Fencing & Landscaping Ltd.

We are a long established, professional company, offering high quality services, at affordable prices in The Vale of Glamorgan.

Our company is proficient in all types of fencing, gates and hard landscaping. Whether you require a renewal or a refurbishment service, we offer a free quotation and expert advice.

Find out more on our current website or become inspired by our new website coming soon! You can also find us on Facebook and Twitter for weekly updates.

We look forward to hearing from you soon.

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HOMES & Gardens

SPRING INTO SUMMER...

MAY is a great gardening month and probably the last month you can plan for your summer colour in the garden.

For those with limited space, bedding plants will give you maximum effect and can really make a statement. If you are taking a long-term view then a garden full of reliable flowering shrubs is also an option

For a bit of inspiration and because it's one of the best garden shows in the world, you could always visit Chelsea Flower Show (May 23-27). At Chelsea, you can see garden designs and planting ideas for all budgets and all spaces – from the minimalist and ultra modern to country cottage and rural retreat.

Whatever garden you have, watering and weeding are the key watchwords for May.

Top watering tips include – every time you plant something water it in well, make a moat of soil round newly planted plants so that water doesn't run off and it goes to the roots. Water pots and containers so that water appears right to the top of the pot and get a water butt.

If you have a drainpipe, you have a natural water supply so a simple garden solution for May is ensure that you have adequate water storage. A simple project for this month would be to buy and fit a water butt that will provide you with water for the garden in an environmentally friendly way and on a regular basis.

Annual weeds will be popping up now, so weeding borders once a week to prevent weed seedlings establishing is a good idea. The problem with the most common weeds such as nettles, dandelions and bindweed is that they are very, very tough.

They can continue to grow in conditions that make most garden plants simply fade away – and they do it, in part, by using the moisture, nutrients and light of the plants around them.

The best thing you can do with weeds is to make them into compost to benefit the plants that you really want to live with.

CONTINUED ON PAGE 21

C Bishop & Son Carpentry and Garden Services

C BISHOP & SON Carpentry and Garden Services has been established since 2005 and has been in the timber trade for more than 40 years.

All our products are hand crafted and bespokemade to the customer's specification.

If you would like something made in timber for your garden, just ask.

We also specialise in artificial turf grass.

For a free quote, call 01656 725008 or 07950 152020.

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Everything you need for your garden at Seasons

SEASONS Garden Outlet has built a reputation as one of the leading garden outlets in south Wales, located on the Brynmenyn Industrial Estate, 10 minutes from Bridgend Designer Outlet, McArthur Glen.

Our garden store in Bridgend features garden furniture, cane furniture, garden water features and ornaments, garden chimeneas, barbecues, garden lighting, garden tools and machinery, outdoor swimming pools, bird care products, glazed pots, Yankee candles and giftware.

You'll find what you're looking for and so much more at the Seasons Garden Outlet.

ONE MAN WENT TO MOW

Lawnmowers need regular servicing, so come to the experts, Cardiff Lawn and Garden at Ely Bridge, Cardiff. We offer advice, sales and service on lawnmowers and garden equipment, plus we'll collect and return your serviced lawnmower!

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Bridgend CF32 9SZ

HOMES & Gardens

As summer looms... MAKE SURE YOUR HOME AND GARDEN ARE READY!

CONTINUED FROM PAGE 22

A great plant to get you into the summer gardening spirit is the pretty Petunia – perfect for containers and hanging baskets and a great choice for instant colour. It can flower all summer long, providing you deadhead regularly, and comes in a variety of colours to suit any garden palette.

Petunias are also available in different blooms including single, double, ruffled or smooth petals. They can be striped, veined or solid in colour and most sold today are hybrids developed for specific design purposes such as fragrance.

They need full sun and can't tolerate frost but can grow in a wide range of soils and thrive in multipurpose compost when planted in containers.

Keeping on top of garden maintenance is crucial in May. The garden is coming alive so there is plenty to keep you busy.

Here are some jobs you should be thinking about this month: plant out seedlings and young plants; watering and weeding; start spraying roses to stop black spot and mildew; fast growing hedges will need a trim; plant hanging baskets and containers; plant salad leaves seeds; tie up climbers; feed spring bulbs for next year; plant out tomatoes and mow the lawn.

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QUARTZIZE produces a beautiful quartz-stone finish that overlays your existing work surfaces as if by magic.

The company manufactures and installs its stunning quartz overlays to enhance your kitchen with a real stone look and feel.

This is a superbly simple way to improve your worktops without the mess and fuss of removing the existing ones.

Quartzize can also fit new sinks, taps and hobs to give your whole kitchen a completely new high-quality look.

Quartzize worktops are hygienic, long lasting, easy to care for and timeless.

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Your kitchen transformed in just a few days
Why replace your worktops when this unique quartz overlay simply fits over your existing surface.
Just look at these amazing benefits:
HYGENIC - an almost perfectly smooth surface leaves nowhere for germs to hide.
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BARRY TOWN UNITED SHOW OFF THE LEAGUE TROPHY ON A JOYOUS DAY

IT was celebration time at Jenner Park on Saturday, as Barry Town United's 13-year absence from the Welsh Premier League ended as they were crowned Division One champions. A crowd of nearly 1,000 fans saw the team beat Ton Pentre 6-0 before lifting the trophy, and PHIL CROCKER/FULL CONTACT PHOTO was on hand to capture the day's celebrations. In the coming weeks The GEM will be looking back at a historic season for the club – send us your memories of the season to sport@glamorgan-gem.co.uk or tweet them to @sport_gem.

ALL PICTURES BY PHIL CROCKER/FULL CONTACT PHOTO

The Dunraven Bowl comes to Cowbridge!

***REPEAT Business*, owned by Cowbridge's Jeffrey Bird and trained by his brother-in-law Jonathan Tudor at Merthyr Mawr, has won Wales' most prestigious hunter chase, the Dunraven Bowl Novices' Hunters' Steeplechase, which was held at Chepstow Racecourse last Friday.**

The nine-year-old bay gelding, brilliantly ridden by regular rider Richard Patrick, was in a handy position throughout the two miles and seven furlongs of the race and came with a strong late run to beat *Tinkers Hill Tommy*, partnered by Peter Bryan, who, after taking up the running three fences from home, had looked like causing a big surprise.

However, at the winning post *Repeat Business*, who had been runner-up to *My Coranna* in 2016, had some five lengths to spare over *Tinkers Hill Tommy,* who is qualified with the Tivyside Hunt.

Kevin Salter's *Spencer Moon*, ridden by Cowbridge's Byron Moorcroft, was a further one-and-a-half lengths back in third place and Gwyne Phillips' *Manhatttan Mead*, ridden by Ben Jones and trained by former Bridgend rider Paul Hamer, was fourth.

The Glamorgan horse *Moreece* was fifth under Will Biddick and Pyle's David Brace who sponsors the race saw his *Doctor Braveheart* (Bryony Frost) finish sixth and his *Pink Eyed Pedro* (Evan David) eighth behind *Captain Camelot* (Tom David) in seventh place.

The winning connections were presented with their trophies by the Countess of Dunraven who had travelled over from Ireland as a guest of Mr Brace OBE, and his wife Dawn of the Dunraven Stud at Pyle near Bridgend.

Winning owner Jeffrey Bird, a keen cricketer and president of Cowbridge Cricket Club is, with Malcolm Woolley, author of the book *1840 and All That: History and Reflections of Cowbridge Cricket Club* and winning trainer Jonathan Tudor is a former amateur rider of note; between them they have had 30 winners, some 28 in point-to-points and two under Rules.

Their *Minsgill Mans* had finished in the place reserved for the runner-up on a previous occasion so their success on this occasion was well deserved and was a popular one for Welsh enthusiasts who had backed the horse, which started at 4-1 joint favourite.

BRIAN LEE

Final games for chess club

THIS week was the final round of games for three of Barry Chess Club's teams.

The Quarks are the only team left with two games still to play.

The Bosons finished with a match against bogey team Pontypridd Barbarians. This match had been identified as the defining match for both teams. However, the Bosons retained their place in the top division when they won their previous game. The Barbarians defeated Barry 3-2.

This was enough for us to secure fourth place and with the Nelson Rhinos losing heavily, the Barbarians stay up. Barry's points came from Ken Hannah who won his game and drew on the top two boards from Matthew Davies and Steve Cunliffe.

Steve finished the season losing only one match.

The Camelots in Division Two were already safe. Sam Jukes and Sam Whits both won their matches and with withdraws on the other three boards, the Pentyrch team were dispatched 3.5-1.5. Like the Bosons, the Camelots finished in fourth place. Both of the Barry teams had expected to be fighting relegation, so these were two excellent performances over the whole season.

In Division Four, the Gambits travelled to Rhondda. After a very promising start to the season when Barry were in the top three, it has all fizzled out. For the third match in a row, the club only managed a solitary half point.

In each of the games, Barry relied heavily on the Jones' boys to prevent the whitewash. There is still one game left to complete this division, so Barry currently stand in sixth place out of nine. The final result could push them down a further place. This represents a small improvement on last season when the club finished ninth out of the 10 teams in the division.

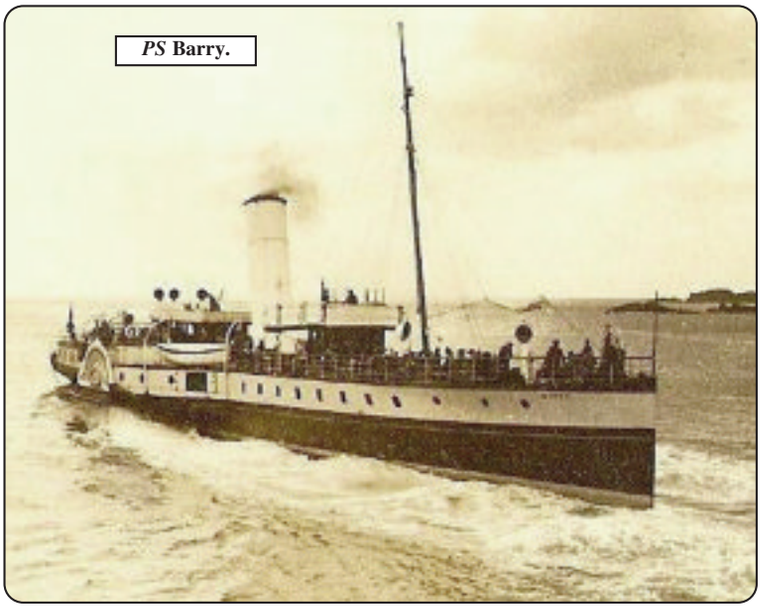
The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St Nicholas Road, Barry CF62 6QY. New players are very welcome. The club is open to players of all standards; whether you are interested in playing competitive chess, or just the occasional friendly game.

For more details visit our website at http://barrychessclub.yolasite.com.

PHIL JONES

Wartime service of local paddle steamers

A model of the Paddle Steamer **Barry.**



***PS* Barry.**

THIS month, 110 years ago, Barry's own paddle steamer commenced service for the town, her public and shortly after, King and country.

The paddle steamer *Barry* was built for and named after the town in 1907. Originally intended for excursion cruising to and from Bristol Channel ports, she gave pleasure to the public, day tripping in peacetime.

The paddle steamer *Barry* would become heroic in wartime and both World Wars as far as Gallipoli and later involved with D-Day.

The local Merchant Navy Association (MNA) branch has paid tribute over the years to *Barry*, her loss and that of her Royal Navy crew members. This year it is the 110th year since the commission of the vessel.

Since the underwater discovery of the vessel, which was lost in an enemy air attack, a few years ago, the wreck of the paddler has been declared a war grave. The vessel was sunk in 1941 during the Second World War.

A little ship of Dunkirk, she also served under the white ensign during World War One and was mentioned in dispatches. Between conflicts, she returned to her public duties and also covered for the laid-up paddle steamer *Waverley*.

The *Barry* was built for the Railway Company's fleet in their new venture to capture a share of the Bristol Channel excursion trade by John Brown at Clydebank, launched at 4.30pm on May, 4, 1907. She was christened by Miss Nesta Forrest, the daughter of Robert Forrest of St Fagans, a director of the Barry Railway Company. She bestowed on it the name of *Barry*.

She was a decidedly handsome and purposeful vessel, as befitted a product of a shipyard where she had taken shape alongside world-class Cunard ocean liners.

The *Barry* sailed on day trips from Barry pier to all the favourite places in the Bristol Channel, including Weston and Ilfracombe.

Many paddle steamers were commissioned into the Royal Navy from as early as September 1914, and minesweeping was to become the principal occupation of the shallow-draughted vessels such as paddle steamers.

Enemy mines were usually laid to hit lower hulls; a pleasure boat stood a fighting chance of being able to sail right over one unscathed. The same applied with submarine torpedoes. "They always went nicely under our bottom, thank you," said an officer of the *Devonia* after the war.

The *Barry* had the most interesting war of all of the paddlers. A very different role developed for the former Barry Railway steamer, it is recorded the *Barry* entered a period of charter to the War Office in December 1914.

She was initially to be used for war service transport and first took 400 prisoners-of-war to Dublin to be moved to a camp in Ireland. In later duties, she was used as a patrol vessel in the upper reaches of the Bristol Channel until May 22, 1915.

She was then requisitioned by the Admiralty on June 30 and commenced loading stores and large quantities of bunkers without it being made clear where she was destined.

The *Barry* left Bristol on July 25, 1915 for the eastern Mediterranean to become a supply ship transporting stores and personnel for the ill-fated Gallipoli campaign. The voyage to Lemnos in the Aegean Sea took a little under two weeks and her first trip from her new base at Suvla Bay took place on August 9.

One of her key duties was the transport of the wounded back to the hospital ships at Lemnos for return to the UK.

The evacuation of the troops took place in December almost always under artillery fire. Slow and lightly armoured, she was completely unsuited to a combat role, but the fighting on the beaches was going so badly that every ship possible was required to get the troops back to Egypt.

Twice her paddles struck mines and she was almost lost, but against all the odds she was the last British ship to leave Suvla Bay, rescuing untold thousands of troops.

When the campaign was abandoned it was the *Barry* that was the last to leave, evacuating the men of the rearguard. She had entered the Great War under her own name of *Barry* and ended as *Barryfield,* one of her many name changes.

It was not until 1917 that her original Bristol crew were relieved and it was around this time that her name was changed to *Barryfield* as a Bainbridge-class destroyer named *Barry* had now joined the US fleet.

Barry saw out the rest of the war in the Mediterranean ferrying troops and supplies around.

After the Great War she was to return to her pleasure cruising as a civilian. In 1920, she was refitted by her builders when it was decided to revive the popular name of the paddle-steamer *Waverley* and this was bestowed upon the one-time *Barry* in 1925.

She was called to arms again for her country for World War Two.

Barry was sent as HMS *Snaefell* to the Tyne and sailed south with other Campbell steamers with their white funnels now painted navy grey in the 8th Flotilla, where she attended Dunkirk.

She was involved in the rescue of her grounded stablemate *Glen Gower*. HMS *Snaefell* served well at Dunkirk and was one of the last boats away with survivors, her precious cargo of 981 soldiers. The Dunkirk evacuation took place from May 27 to June 4, 1940.

During the Second World War, with approximately half the paddle vessels requisitioned for naval service and pressed into use as minesweepers or anti-aircraft vessels, many took part in 'Operation Dynamo' the evacuation of the British Expeditionary Force from the Harbour at Dunkirk and beaches running east from the town to the Belgian border.

The original *Waverley* had been mothballed in peacetime, but was called to duty again for World War Two. She also attended the evacuations at Dunkirk, but was bombed and sunk on the 41st anniversary of her own launch date.

The *Barry* by then had been renamed HMS *Snaefell* but had been confused with the lost Waverley.

The PS *Barry*/HMS *Snaefell* survived Dunkirk and more but was finally sunk in an enemy aircraft bombing raid 13 months later off Sunderland on July 5, 1941. The paddler was on mine sweeping duties on the north coast at the time.

The wreck of the *Snaefell*, or, as we remember her more locally, the *Barry,* was found by divers eight miles off the north-east coast of England in 2010.

The leader of the dive team that found the PS *Barry* contacted the local Barry at War group to identify the wreck and recovered several items, one being the ship's helm with brass wheel still attached.

The helm was in fantastic condition and the pointer is still facing the direction the ship was in, trying to avoid bombs.

The local MNA branch assisted Barry at War with the help of many to gain the recovered items and return all to the paddle steamer's home town of Barry.

Time was of the essence to ensure these historical items were returned to the paddler's home town. The other option was scrap value as most is solid brass.

It was important to have the pieces safely returned, housed and displayed in time for an RBL Barry branch/Gallipoli Remembrance service and tribute.

The artifacts included two large solid brass windows, the brass helm with damaged wheel and a copper and glass lamp. The items were declared to the receiver of wreck back in 2010.

They are safely housed and displayed with a model of the vessel in the entrance to the Mayor's Parlour at King's Square, Barry.

Last summer, members of the MNA (Wales) Barry branch, and Terry Sylvester of the Paddle Steamer Preservation Society, ensured that both the loss of the *Barry* and her wartime crew were remembered and paid tribute 75 years later.

They also presented the captain of the current *Waverley* with a branch plaque and documents of PS *Barry*, which was once named and conducted duties for the then PS *Waverley*. 2017 is a special year for the current *Waverley* as she celebrates 70 years since her maiden voyage.

KEITH GREENWAY

VALE of GLAMORGAN
BRO MORGANNWG

CYNGOR BRO MORGANNWG

PWYLLGOR SAFONAU PENODI AELODAU ANNIBYNNOL

Ar hyn o bryd, mae dwy sedd wag ar Pwyllgor Safonau Cyngor Bro Morgannwg i Aelodau Annibynnol. Mae hwn yn bwyllgor statudol sy'n chwarae rhan hanfodol o ran cynnal safonau moesegol uchel ar lefel Cynghorau Bwrdeistref Sirol a Chymuned. Yn fras, rôl y Pwyllgor yw rhoi cyngor, cymorth a chanllawiau i Aelodau o ran mabwysiadu, monitro, gweithredu, gorfodi ac adolygu Codau Ymddygiad lleol amrywiol, yn benodol Cod Ymddygiad Aelodau a chanllawiau moesegol eraill.

Mae'r Pwyllgor yn cwrdd rhwng pedwar a chwech gwaith y flwyddyn ac y mae ffioedd yn daladwy.

Bydd ymgeiswyr addas yn gallu profi bod y nodweddion a'r priodweddau canlynol ganddynt:

- Gwrando'n dda ond yn chwilfrydig
- Gallu pwyso a mesur tystiolaeth sy'n gwrthdaro gan ddod i ganlyniad effeithiol
- Gallu gweithio'n rhan o dîm
- Parchu eraill gyda dealltwriaeth o a pharch at werthoedd moesegol cryf
- Uniondeb a chymeriad da.

Nid yw gwybodaeth fanwl am lywodraeth leol yn angenrheidiol er y byddai'n fantais pe byddai gan ymgeiswyr posibl ddiddordeb mewn materion yn ymwneud â bywyd cyhoeddus a gwasanaethau.

I gael ffurflen gais, rhagor o wybodaeth neu drafodaeth anffurfiol, cysylltwch â Debbie Marles, Swyddog Monitro ar 01446 709402 neu e-bostiwch dmarles@valeofglamorgan.gov.uk

Mae manylion pellach ar y rôl a ffurflen gais hefyd ar gael o www.valeofglamorgan.gov.uk/CommitteeVacancies.

Y dyddiad cau ar gyfer ceisiadau yw: 26 Mai 2017

Bwriedir cynnal y cyfweliadau yn ystod pythefnos gyntaf Gorffennaf 2017.

Bydd disgwyl i'r ymgeisydd llwyddiannus fod yn y swydd o 1 Medi 2017.

VALE of GLAMORGAN
BRO MORGANNWG

VALE OF GLAMORGAN COUNCIL

STANDARDS COMMITTEE APPOINTMENT OF INDEPENDENT MEMBERS

The Vale of Glamorgan Council currently has two vacancies for Independent Members of the Standards Committee. This is a statutory Committee which plays a crucial role in maintaining high ethical standards at County Borough and Community Council levels. The role of the Committee briefly is to advise, assist and guide Members in the adoption, monitoring, operation, enforcement and review of various local Codes of Conduct, in particular the Code of Conduct for Members and other ethical guidance.

The Committee meets between four and six times a year for which fees are payable.

Suitable applicants will need to be able to demonstrate the following qualities and characteristics:

- Good listener but inquisitive
- Ability to weigh up conflicting evidence and reach an effective conclusion
- Ability to work as part of a team
- Respect for others with an understanding of and respect for strong ethical values
- Integrity and good character.

A detailed knowledge of local government is not necessary although it would be an advantage if potential candidates were interested in matters relating to public life and services.

For an application form, or an informal discussion, please contact Debbie Marles, Monitoring Officer on 01446 709402 or email dmarles@valeofglamorgan.gov.uk.

Further details on the role and an application form can also be found at www.valeofglamorgan.gov.uk/CommitteeVacancies.

The closing date for applications is: 26th May, 2017

It is intended that interviews will take place during the first two weeks of July 2017.

The successful candidate will be expected to take up their appointment from 1st September, 2017.

Women BEHIND THE WHEEL

AVEN'S – A TOP DESTINATION FOR VEHICLE REPAIRS

LEE AVEN, the owner of Aven's Autos, has 17 years' mechanical experience.

Lee qualified at Hartnell VW/Audi Cardiff and worked there for four years, and was then was employed at Sytner BMW Cardiff for six years.

He then moved to a family-run garage in Dinas Powys which specialised in repairs and restoration of classic Jaguars.

Lee started Aven's Autos two years ago and he explained: "At Aven's Autos, we carry out vehicle repairs of more or less any kind.

"We also do motorcycle repairs – anything with an engine, more or less!

"We also do MoT work. We do welding and tyres, both new and part-worn.

"We take pride in our work and do it to a high standard."

Aven's Autos
All aspects of mechanical work undertaken
• Welding • Servicing • MOT Work
• Repairs • Tyres • Diagnostics
Specialise in
For advice or work please call
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Unit 2 Woodham Road, Barry, CF63 4JE
www.avensautos.co.uk leeaven83@outlook.com

Garages believe that male motoring stereotypes should now be a thing of the past

THERE was a time when garages were rather set in their ways and, quite frankly, did not treat their female customers too well.

Tales of customers reporting the experience as difficult, and of feeling patronised, were common.

It's a problem that a number of local garages are now well aware of, and they are keen to take action that will overcome this issue – an issue that has built up over several decades.

There is a financial aspect too, of course, and a recent motor trade survey warned that independent garages faced missing out on millions of pounds in revenue because they employ too few female staff and are intimidating to women drivers, a new study reveals.

Research, conducted for the Institute of the Motor Industry (IMI), in 2016 found that 96 per cent of female drivers want to see more women mechanics in garages.

The survey showed that women were four times more likely than men to get someone else to take their car to the garage.

However, things are changing, not least because statistics show that there will soon be more women drivers than men.

"The number of women drivers in the UK continues to increase year on year (so) it's important businesses understand and develop their methods, behaviour and attitudes to reflect the changes in the consumer landscape," said IMI CEO Steve Nash.

He continued: "There is a massive knowledge gap between the professional and the customer (whether they are male or female) in this industry, so it's important businesses enforce changes such as diversifying their workforce, introducing transparency when describing faults and pricing to ensure all their customers feel as comfortable as possible."

It's a message that more and more garages have taken on board and, as cars get more and more complicated, the old stereotype that suggests that a man knows what is happening under the bonnet, whereas a woman doesn't, is no longer true.

Modern cars are equally baffling for both genders, which means that trust in your garage, based on past service or good feedback from friends, is more and more important.

It is inevitable that some women will view a trip to the garage with some trepidation, but local enlightened garage managers are now well aware of the issue, and the times are definitely changing.

Women are using their financial muscle and demand good service, and that good service is out there in a large number of local businesses.

Old stereotypes take a long time to pass, but there is no doubt that the motor trade has become much more self aware – and things are different now.

Diamond Repair Centre

HERE at Diamond Repair Centre, we strive to give a service that not only exceeds others', but a service that caters for both men and women drivers to know that they can come for advice and not have the wool pulled over their eyes.

A spokesperson said: "I think it's safe to say that at some stage ladies get lost in the jargon of car chat that doesn't explain what they're paying for.

"At Diamond Repair Centre, we are open and honest and don't do anything without agreeing first and explaining your problem. All parts are kept and a full breakdown given – no large surprise bills.

"If stuck, pop by for free practical advice. We are family-run, caring for your family."

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Specialises in BMW/Mini
• BMW Accident Repair Specialist
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Women BEHIND THE WHEEL

LLANTWIT MAJOR AUTO CENTRE

Friendly and professional

ESTABLISHED in 1997, we are a friendly garage in the centre of the historic town of Llantwit Major in the Vale of Glamorgan.

We pride ourselves on dealing with customers in a professional manner, always keeping you well informed, especially where costs are concerned.

For those who don't feel confident enough to check levels themselves, please feel free to pop in and see our friendly staff to get your tyre pressures or your fluid levels checked without making an appointment.

We're always happy to help.

Our services include: MOT testing, exhaust systems, tyres, air conditioning, diagnostics, bulbs, wiper blades, suspension, brakes, cam belt replacement, clutches, batteries.

Your car is one of your biggest investments. Llantwit Major Auto Centre can keep it in peak condition with a regular service.

We offer auto care services for all makes and models, catering for both private and commercial clients throughout the Vale of Glamorgan.

We offer a collection and delivery service or use of a courtesy car, subject to availability.

BMWIZE LTD
• Specialists in BMW
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• Free service checks.
• MOT
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Any make or model, service & repair and also

We pride ourselves on providing a quality personalised and thoroughly well-oiled service for all makes and models of vehicles.
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Number 1 RAC approved out of 260 UK approved RAC garages.
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Collection service available on request
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Unit 13, Palmerston Workshops, Palmerston Road, Barry CF63 2YZ.

LOCAL GARAGE IS NO.1 WITH THE RAC

JULIAN BAILEY of Bailey Auto Services has 27 years' experience in motor repairs, servicing and MoTs.

He is also a specialist in Fiat 500 repairs and servicing and opened his own garage at Palmerston Work Shops, Barry, in October 2011.

Bailey Auto Services has been voted Number One RAC-approved garage so far this year, out of 260 approved garages.

Julian was previously an RAC patrolman and has worked in a motor dealership.

He prides himself on offering a top quality personal service for all makes and models of vehicles.

He can also offer a courtesy car on request, and is open, Monday to Friday, 8am to 6pm.

Call in or telephone 01446 700272 for a professional service you can trust.

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Old Market Place, East Street, Llantwit Major
COMPLETE CAR CENTRE
Tailored Car servicing for all types of vehicles, petrol and diesels
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Delphi Service Centre, Modern Diesel Specialist, Based in the centre of Llantwit Major

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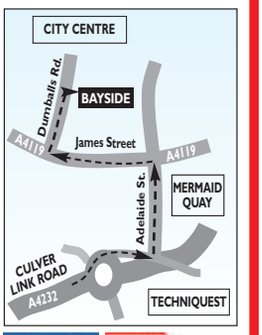
Collection and Delivery from most areas in the Vale



22 Dumballs Road, Cardiff, CF10 5FE
Tel: 02920 491346
Email: baysidegarage@hotmail.co.uk
www.baysidegarage-cardiff.co.uk

Emmaus welcomes chance to explain how it breaks the 'cycle of poverty'

LEFT: Emmaus South Wales staff met local politicians at Nant Lais, the community home for formerly homeless people, in Bridgend.

EMMAUS South Wales was delighted to welcome three local politicians to Nant Lais, the community home for formerly homeless people, in Bridgend.

Chris Elmore MP (Ogmore), Jane Hutt AM (Vale of Glamorgan) and Huw Irranca-Davies (AM) recently made the visit together.

Tom Clarke, CEO of Emmaus said: "Jane, Huw and Chris met a group of Companions (the name given to the formerly homeless residents) living at the home, together with staff and trustees.

"Their interest in how the Emmaus Community in Bridgend works was very evident. With the future challenges posed by welfare reform, it was good for us in Emmaus South Wales to have the chance to explain to three senior politicians how Emmaus works so well for its Companions in breaking the cycle of poverty in a sustainable way.

"This is good news for both Emmaus South Wales and the local community."

TO LET ON LICENCE

THE FOLLOWING COASTAL CONCESSION IS AVAILABLE BY INFORMAL TENDER UNTIL 28TH FEBRUARY 2020.

- **Hot Food Concession, Ogmore-by-Sea Site 1**

Closing date for receipt of completed Tenders is **12 NOON FRIDAY 2 JUNE 2017**

Contact:
Angela Bailey
Estates Officer
The Vale of Glamorgan Council
Civic Offices
Holton Road
Barry CF63 4RU
Tel: 01446 709756

Email: ambailey@valeofglamorgan.gov.uk

I OSOD AR DRWYDDED

MAE'R CONSESIWN ARFORDIROL CANLYNOL AR GAEL DRWY DENDR ANFFURFIOL TAN 28 CHWEFROR 2020.

- **Consesiwn Bwyd Poeth, Aberogwr Safle 1**

Y dyddiad cau ar gyfer derbyn Tendrau wedi'u cwblhau yw **HANNER DYDD, DDYDD GWENER 2 MEHEFIN 2017**

Cyswllt:
Angela Bailey
Swyddog Ystadau
Cyngor Bro Morgannwg
Swyddfeydd Dinesig
Heol Holltwn
Y Barri CF63 4RU
Ffôn: 01446 709756

E-bost: ambailey@valeofglamorgan.gov.uk

Penarth Aviation Society meeting

THE next meeting of the Penarth Aviation Society will be held on Friday, May 5 at 8pm in the Penarth Conservative Club with an 'Ask an aviation expert' question and answer session.

The session will feature a panel of four experts willing to take any query thrown at them and will include Edward Oliver, Ret CPO Fleet Air Arm on helicopters; Lawrence Ferris, Ret Bristol Aero Engines and thermal/accoustic testing on Concorde.

Why not join the Society? We meet on the first Friday of the month at the Penarth Conservative Club; visitors and potential members are welcome.

Further information may be found at www.penarthaviationsociety.co.uk; Facebook page www.facebook.com/penarthaviationsociety.co.uk or from secretary Barrie Howell on 02921 322385.

Mixed weather for Easter rambles

NINE walkers from Penarth and District Ramblers under the leadership of Su G headed up to Penhow on Easter Saturday.

They set off beside the A48 before climbing by field and quiet roads to bluebell adorned woodland at Castell-Prin.

Arriving at Wentwood gate, lovely, wide paths led them northwards through part of the vast Wentwood Forest, or Coed Gwent, and a visit to the ancient Curley Oak, somewhat damaged through age, but still alive.

A deforested area with rough sculptures made from cut logs brought them to a clearing with views back to Newport Docks before more pretty woodland paths afforded stunning views towards Sugar Loaf Mountain, Skirrid and Garway Hill.

Turning south upon reaching Cadira Beeches car park and enjoying views of Gray Hill and Wentwood reservoir, pretty tracks on the slopes of Mynydd Alltir-Fach, with misty views of the two Severn bridges, led to Woodside Cottage Farm.

During lunch in bright sunshine, walkers enjoyed the spectacular views across the river Severn and huge fields of yellow rapeseed stretching through the valley below, before descending through lush meadows and into woodland containing spring flowers, for their return by way of fields and farm tracks.

Robin and Pepper were not so lucky the next day when they and 14 companions headed out on a chilly morning along forestry paths and pretty woodland tracks to the lovely Hepste Valley overlooking Cefn Cadlan, Cadair Fawr and the A4059.

After morning refreshments out of the breeze on a pretty path between stone walls, the open moorland beckoned with its tumpy grass, ponies, spring lambs and ruined drystone walls.

After visiting the derelict farm of Hepste-Fechan on the primrose-covered banks of a pretty stream they trekked across Mynydd y Garn, where the views were obscured by misty rainfall, which grew heavier.

Avoiding the many shakeholes and descending through spiky grass, a stone wall overshadowed by tree branches provided shelter during lunch before continuing their route to the Dringarth Valley, with its rain-soaked fields containing sheep and lambs and ruined farmsteads.

They crossed a footbridge and continued through fields towards Heolyrhedyn Farm for a tricky, but successful, rescue of lost twin lambs, on a rough track to Pont y Llia below the tump of the ancient Castell Coch.

Following a road uphill and crossing a deforested area, the soaking wet, cold and bedraggled bunch returned to their start for a chance to warm up during the journey home.

To follow the group please log onto www.penarthramblers.wordpress.com or Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JOY STRANGWARD

GORCHYMYN CYNGOR BRO MORGANNWG

(PORTHKERRY ROAD (PHAN) A PORT ROAD (RHAN) Y RHWS)) (CLIRFFORDD WLEDIG 24-HOUR AWR) 2017

Hysbysir trwy hyn bod Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adrannau 1(1), 2, 2(1), 2(2) a 2(3) Deddf Rheoli Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill, yn bwriadu gwneud Gorchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr Atodlen isod.

Gellir archwilio manylion llawn y cynigion yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

Rhaid i chi gyflwyno unrhyw wrthwynebiad sydd gennych i'r cynnig hwn i Gyfarwyddwr yr Amgylchedd a Thai (Cyf: IF.829/DH) yn ysgrifenedig erbyn 26 Mai 2017 a rhaid i chi gynnwys eich rhesymau dros wrthwynebu.

Hysbysir pobl sy'n gwrthwynebu'r Gorchymyn arfaethedig fod cyfrifoldeb cyfreithiol ar y Cyngor hwn, yn sgil Deddf Llywodraeth Leol (Mynediad at Wybodaeth) 1985, i gyflwyno unrhyw sylwadau a dderbynnir yn ymateb i'r Gorchymyn a gynigir yn agored i'w harchwilio gan y cyhoedd.

Diwygio Atodlenni Map: AX43, AY43, BA42, BA43, BA44

Rhoi Atodlenni Map Newydd: AW44, AX44, AZ43, AZ44, BB43, BB44

'Gorchymyn Clirffordd' Gwledig 24 Awr Arfaethedig

ATODLEN

Rhan 1

Ni fydd unrhyw berson heblaw gyda chyfarwyddyd neu ganiatâd Cwnstabl yr Heddlu mewn iwnifform neu Warden Traffig yn caniatáu i unrhyw gerbyd stopio ar unrhyw adeg ar hyd y briffordd a ddisgrifir yn Rhan 2 yr Atodlen hon.

Rhan 2

Porthkerry Road, Y Rhws

Y lôn gerbydau a'r tir sydd o fewn terfyn priffordd fabwysiedig Porthkerry Road, Y Rhws o'r gyffordd â Murlande Way, Y Rhws tua'r dwyrain a'r gogledd i Gylchfan Tredogan Cross, gan gynnwys adran tua'r gogledd i gylchfan Parc Busnes y Maes Awyr.

Port Road Y Rhws

Y lôn gerbydau a'r tir sydd o fewn terfyn priffordd fabwysiedig y ffordd ddi-ddosbarth y'i gelwir yn Port Road o gylchfan Tredogan Cross tua'r gogledd-ddwyrain i'r gyffordd â Ffordd Osgoi'r Rhws ar yr A4226 am 3100 metr

Dyddiedig 4 Mai 2017

M. E. Punter,
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg,
Yr Alpau, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL

(PORTHKERRY ROAD (PART) AND PORT ROAD (PART) RHOOSE)) (24-HOUR RURAL CLEARWAY) ORDER 2017

Notice is hereby given that the Vale of Glamorgan Council in exercise of its powers under Sections 1(1), 2, 2(1), 2(2) and 2(3) of the Road Traffic Regulation Act 1984 (as amended) and of all other enabling powers proposes to make an Order the general effect of which is as described in the Schedule below.

Full details of the proposals may be inspected at the address shown below during normal office hours.

Any objection you may have to this proposal must be submitted to the Director of Environment & Housing (Ref: IF.829/DH) in writing by 26th May 2017 and must contain the grounds upon which you object.

Persons objecting to the proposed Order are advised that in view of the Local Government (Access to Information) Act 1985 this Council is legally obliged to make any comments received in response to the proposed order open to public inspection.

Amend Map Schedules: AX43, AY43, BA42, BA43, BA44

Insert New Map Schedules: AW44, AX44, AZ43, AZ44, BB43, BB44

Proposed 24 Hour Rural 'Clearway Order'

SCHEDULE

Part 1

No person shall except upon the direction or with the permission of a Police Constable in uniform or a Traffic Warden cause or permit any vehicle to stop at any time on the length of highway as described in Part 2 of this Schedule.

Part 2

Porthkerry Road Rhoose

The carriageway and land contained within the adopted highway boundary of Porthkerry Road Rhoose from its junction with Murlande Way, Rhoose in an easterly and northerly direction to Tredogan Cross Roundabout, including a section northwards to the Airport Business Park roundabout.

Port Road Rhoose

The carriageway and land contained within the adopted highway boundary of the unclassified road known as Port Road from Tredogan Cross roundabout in a north-easterly direction to its junction with the A4226 'Rhoose By-Pass' for a total distance of approximately 3100metres

Dated this 4th day of May 2017

M. E. Punter,
Director of Environment & Housing
Vale of Glamorgan Council,
The Alps, Wenvoe. CF5 6AA.

GOT A STORY?
Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

Brecon Street, Llantwit Major
3 Beds. 2 Recps.
Extended.
Show Home Standard.
£189,950 D56

Hillhead, Llantwit Major
2 Bedrooms.
Garage. Driveway.
West End Location.
£309,950 D66

St Johns View, St Athan
2 Bedrooms.
Attic Room.
No Forward Chain.
£169,950 D55

103 Boverton Road
4 Bedrooms.
2 Receptions.
Detached Garage.
£499,950 E55

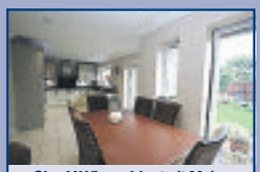
Tyle House Close, Llanmaes
4 Beds. 2 Recps.
Driveway. Garage.
Sought After Village.
£349,950 C69

Boverton Brook, Boverton
3 Beds. 2 Recps.
Garage. En-Suite.
Rarely Available.
£249,950 E46

Heol Merioneth, Llantwit Major
5 Beds. Extended.
Superb Garden.
3 Garages. Annex.
£339,950 D62

Church Meadow, Llantwit Major
4 Bedrooms
Extended.
Quiet Location.
£239,950 C73

Glyndwr Avenue, St Athan
3 Beds.2 Recps.
Driveway. Garage.
Stunning Presentation.
£214,950 D48



Clos Y Wiwer, Llantwit Major
4 Beds. En-Suite
Superb Kitchen/Diner
Sought After Location
£269,950 D61

Great House Meadow, Llantwit Major
5 Beds. En-Suite. Double Garage.
No Forward Chain.
£449,950 D67

Wimbourne Close, Llantwit Major
3 Beds. 2 Recps.
Block Pavia Driveway.
Sought After Location.
£229,950 D65

David Street, Wick
4 Beds. 2 Recps.
Tithe Barn Complex.
Large Parking Area.
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COOPER
Glenys Margaret (née Hibbert)

Passed away peacefully on 26 April at Llandough Hospital. Glenys Margaret of Courtlands, Barry. Beloved wife of the late John. A loved mother of Hilary and the late Philip. Mother-in-law of Sue and Roger. Cherished grandmother and great grandmother. Loving aunt of Clive.

Glenys will be sadly missed by all of her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry. Funeral service at All Saints Church, Barry, on Friday, 5 May at 3pm. Family flowers only, if desired, donations may be handed to the funeral director after the funeral for RAF Association and Alzheimers Society.

GRIFFITHS
Susie

10th November 1973 to 23rd April 2017

Sadly Susie died suddenly but peacefully on Sunday, 23rd April 2017, after a short illness at the Princess of Wales Hospital, Bridgend, aged 43 years.

The funeral will be held at Bethel Baptist Church, Llantwit Major, Thursday, 11th May 2017 at 10.45am, and then at midday at Coychurch Crematorium and after back at Bethel Baptist Church for tea and cake and sharing memories. All who knew and loved Susie are welcome. Please wear what you feel comfortable in - bright colours would be great. No flowers, donations to MIND, Vale of Glamorgan c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

JEFFERIES
Jean Irene (née Matthews)

Suddenly but peacefully after a short illness at the University Hospital of Wales on 21st April 2017, Jean, aged 92 years. Beloved wife of the late Les, much loved mother of Barrie and daughter-in-law Marilyn.

Jean will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service at Cardiff & Glamorgan Crematorium on Wednesday, 10th May at 1pm. Family flowers only. Donations in lieu, if so desired, for Velindre Hospital c/o the Funeral Director.

CURTIS
June Valerie *(Née Martin)*

Peacefully in her sleep at Llandough Hospital on 24th April 2017, June, aged 79 years. Beloved wife of the late Peter, much loved mum of Sian and Jenny, cherished nan to Louise, Kurtiss, Emma, Jade and their respective partners.

June will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service at Cardiff & Glamorgan Crematorium on Monday, 8th May at 1pm. Family flowers only, donations in lieu, if so desired for The British Heart Foundation c/o the funeral director.

FORRESTER
Alexander

Peacefully at home on April 24th, surrounded by his loving family, Alex, devoted husband of the late Iris, Loving dad of Mark, Sheena, Scott, Fay and Ross, adored grampy to all his grandchildren.

He will be greatly missed by all who knew and loved him.

Alex is in the care of Lyndsay Ellis at The Vale Funeral Service, Court Road, Barry until his service at Cardiff & Glamorgan Crematorium, Barry on Monday, 8th May at 11am.

Family flowers only, donations if desired, may be made at the service or via Alex's online tribute page at www.valefuneralservice.co.uk where you are also welcome to leave your personal messages.

All donations received to support Velindre Hospital, Cardiff in memory of Alex.

CHANDLER
Megan Eluned
(of Litchard, Bridgend)

Suddenly taken ill at home on 23 April and passed away on 27 April 2017, aged 89 years in the Princess of Wales Hospital, Bridgend. Widow of the late Frank, loving mother to Gillian, mother-in-law to William, sister to Iris and Leslie, aunt and dear friend.

Funeral service at St Mary's Church, Coity on Wednesday, 10 May at 2.30pm, followed by cremation at Coychurch Crematorium. Flowers may be sent to J.R. & M.F. David, Ewenny Road, St Brides Major or donations in lieu, if desired, to Kidney Research for Wales, 2 Radnor Court, 256 Cowbridge Road East, Cardiff, CF5 1GZ.

BOND
George

Peacefully on April 21, George, much loved dad of Tommy, Susan and Jean. Grandad to Carryn, Ashley and Jonathan. Great grandad to Jayden.

He will be sadly missed by all family and friends.

Funeral service at Holy Cross Church, Cowbridge on Friday, May 12 at 2.15pm, followed by cremation at Coychurch Crematorium.

Family flowers only, donations in lieu of flowers to the Stroke Association, Unit 8 Cae Gwyrdd, Greenmeadow Springs Business Park, Tongwynlais, Cardiff, CF15 7AB.

BROWN
Richard Constantine

Peacefully on April 13 at Pen-y-Bont Court, Bridgend, Richard, aged 48, loved son of Myrna and the late Kenneth Brown of St Athan. Dear and loved brother of Timothy and Martyn, brother-in-law of Anne, loved uncle of Nicholas, Matthew and Serena.

Richard will be sadly missed by all who knew and loved him.

Resting at W James & Sons, Fonmon, Rhoose, Nr Barry until the funeral service and cremation on Thursday, May 11, at Coychurch Crematorium, Bridgend at 3.15pm. Family flowers only may be sent to the Funeral Home, donations, if desired in memory of Richard may be sent to Velindre Cancer Research Centre c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

WILLIAMS
Eileen (née Court)

Peacefully at Llandough Hospital on 20th April 2017, Eileen, aged 88 years. Beloved wife of the late John, much loved mum of Martin and Rachael, cherished nana to all her grandchildren and great grandchildren.

Eileen will be greatly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service at Cardiff & Glamorgan Crematorium on Thursday, 18th May at 11am. No flowers by request, donations in lieu, if so desired, for Macmillan c/o the funeral director.

SPARKES
Eleanor Mary (née Cann)

Peacefully on April 25th at Springbank Nursing Home, Barry, Eleanor, formerly of Wolfe Close, Coldbrook, Barry. Beloved wife to the late Clifford Sparkes, much loved sister to John and sister-in-law to Ann. Loving aunt of David, Michelle and the late Alasdair.

Eleanor will be dearly missed by all who knew and loved her.

Resting in the private chapel of The Vale Funeral Service, Court Road, Barry until her service at Cardiff & Glamorgan Crematorium, Port Road, Barry on Monday, May 8th at 2pm. Family floral tributes only - Eleanor wished for all donations in lieu of flowers be sent to a charity of your choice in her memory.

CROMPTON
David Edward

Peacefully on April 22 at Llandough Hospital, David, a well known local hairdresser within Penarth. Beloved husband of Fran, much loved dad to Simon and Matthew. Loving son of Oliver. Adored grampy to Anya, Grampy Dave of Cain, Cayla and Charlie. Loving brother of Gill, Sue and Steve.

Dave will be greatly missed by all his family and many friends.

Resting at The Vale Funeral Service, Court Road, Barry until his service at St Peter's Church, Dinas Powys on Wednesday, May 10 at 1.45pm, followed by cremation at Cardiff & Glamorgan Crematorium. Family flowers only. Donations, if desired, may be made at the service or via Dave's online tribute page at www.valefuneralservice.co.uk where you are also welcome to leave your personal memories and messages. All donations to support Cancer Research Wales.

GRIFFIN
Mark Augustus

Suddenly on April 20 at his home in St. Athan, Mark, loving and devoted husband of Deb, beloved son of Anne and Derek, and brother of Pam.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Wednesday, May 10, service 2pm at St. Athan Church, followed by interment in St. Athan Cemetery. Flowers may be sent to the funeral home, donations in lieu, if desired, to Air Ambulance Wales c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

Acknowledgement

JONES
Geoffrey Peter (*Geoff*)

Julie, Darren, Vincent, Angela, Simon, Sian and families would like to thank everyone for their love, kindness, support and sympathy for Geoff over the past 9 months when he so gallantly and courageously fought his illness.

Special thanks to Dr Goodfellow and her colleagues at West Quay Medical Centre for their tireless efforts and encouragement not only to Geoff but to the whole family and also Geoff's niece Helen who nursed him in his final weeks.

Thanks also to Geoff's aviation friends both here and all over the world who have made great tributes to him. Heartfelt thanks for all the cards, flowers and messages of sympathy and the generous donations to Cancer Research which totalled over £500.

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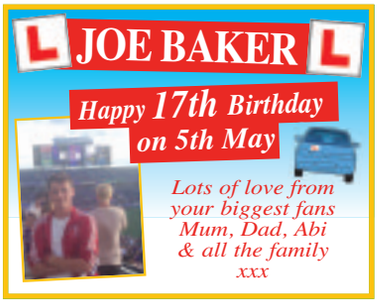

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Penarth Hockey Club's double bid is denied

AFTER a month-long break following the end of their various successful league campaigns, Penarth Hockey Club reconvened en masse at the Welsh Institute of Sport to cheer on the first XI as they looked to complete a 'double double' in the final of the Welsh Trophy.

Having won both league and cup last year, victory on Sunday morning would have capped another meteoric season for the Bears, but their opponents on the day, Cardiff University, also had it all to play for as they looked to complete a double of their own after being crowned champions of their respective GoCrea8 League division.

The students' side may have been the underdogs, but made the better start in a cagey opening quarter. As they maintained possession with the sort of assurance and confidence usually shown by Penarth, it was the Vale team who were being made to chase the ball but, for all their composure, the university failed to create any chances as the Bears remained resolute in defence and still looked dangerous on the counter.

The game sprung to life in the second quarter with both teams starting to threaten the opposing goal. Penarth went closest during a string of penalty corners, while David Joyce narrowly missed the target with a shot on his reverse.

It was only a matter of time before the breakthrough came, however, and it fell to Chris Baker to open the scoring after a display of fine individual skills.

Ben Croxall started the counter by sending a long aerial over the Cardiff back line, finding the onrushing Baker who controlled the ball, drew the keeper out wide before lifting the ball over the now-prone netminder and smashing home from a tight angle.

Despite falling behind, the university were still well and truly in the game and, having kept pressing forward, pegged Penarth back within minutes.

After a clumsy tackle in the 'D', the Bears found themselves down to 10 men for two minutes, and the students wasted no time in bringing themselves level on the scoreboards after a well-worked penalty corner left keeper Simon Comfort with no chance.

With their tails up after the rapid response, the university would quickly add a second, as a shot from a tight angle took an unfortunate ricochet and again left Comfort unable to prevent the score which, with just minutes to go to the interval, saw the students take a 2-1 lead into half-time.

The break gave Penarth the chance to settle and, from the restart, they started to control the game, maintaining possession and keeping their opponents pinned in their own half.

The students, however, were in resilient mood and defended heroically to keep the Bears at bay and deny any clear chances on goal.

Entering the final quarter, Penarth began to throw everything at the university side as they looked for a way back into the game, but became guilty of panicking and forcing the play, especially when their opponents had been briefly reduced to nine men following a series of cynical tackles.

While a more patient approach was required to draw the defenders out of a packed 'D', Penarth took one final throw of the dice by pulling keeper Adam Putt to press with 11 outfield players but were again thwarted in their efforts and eventually fell to a 2-1 defeat.

They say you learn more in defeat than victory, and Penarth clearly have some tough lessons to learn, having approached the biggest single game of their season in the wrong manner and left it too late to respond to falling behind, putting themselves under too much pressure at the end of the match.

With a first foray into Europe – and an expected step up in standards – just around the corner, the Bears need to learn those lessons and pick themselves up quickly, but have repeatedly shown an ability to come out fighting after defeat and will look to continue that trend in the Ukraine next month.

Veterans hockey

AFTER two false starts when games against Gwent had to be cancelled, Penarth's veterans side finally made their first appearances of the summer in a midweek encounter with old rivals Whitchurch and an intriguing match-up with the emerging Stanwell under-18s team.

Having fallen behind early in the first game, the Grizzlies showed battling spirit to turn the tables and take a 2-1 lead into the final quarter of the game courtesy of strikes from Tyrone Moore and Andy Strong, but Whitchurch ultimately proved too resilient for the home side and scored three late goals to run out 4-2 winners.

It was a slightly changed Penarth side that faced the youngest opposition they can expect to see all summer season, after accepting the challenge of taking on the Stanwell school team that is currently providing talent to both the local club and others in the area.

While the students were at a disadvantage in terms of experience, they more than made up for it in speed and agility and, using the teamwork on display in the South Wales Cup at Christ College Brecon, were more than a match for a well-rehearsed veterans side.

Stanwell dominated the first half, denying Penarth any real pressure on their goal while, in turn, imposing a high press on the veterans' 25 and creating a series of chances that the senior defence did well to repel. The persistent pressure eventually took its toll, however, and Penarth's resistance was finally broken by a slapshot from Connor Hamilton to the far post.

The students continued to create chances throughout the opening period, but proved unable to double their advantage, and this eventually told as the game progressed into its later stages.

The introduction of Moore added extra impetus to the veterans' play and it was the Welsh international who finally brought the teams level with a clinical finish, setting up a tense denouement as the school side tried to combine frantic defence, led by goalkeeper Luke Williams and fellow fourth XI regulars Morgan Salisbury and Rhys Meddins, while hitting Penarth on the break in search of the winner.

It was experience that told, however, with the cooler heads of the veteran side leading to a decisive strike from Marc Sawyer that served to separate the teams at the final whistle. While a draw may have been the fairest result on the day, Stanwell will have regular chances to redress the balance as the game looks set to become an annual event to commemorate both past school teams and the inauguration of the playing surface that has transformed the potential of both sides since 2015.

Attention returns to Penarth's youth sides this coming weekend as both the under-11 and under-13 teams return to Swansea in search of Welsh Cup success. The younger side recently clinched the south Wales title at the same venue, with their older counterparts qualifying for the national competition as regional runners-up.

Penarth Hockey Club always welcomes new, old and returning players, umpires, supporters, friends and helpers regardless of age and ability. When the regular season resumes, training will take place on Wednesdays at Stanwell School, with the juniors on the pitch between 6.15pm and 7.15pm and the seniors between 7pm and 8.15pm.

Anyone interested in joining the club at senior or youth level can contact club secretary Dave Stevens (d_stevens81@hotmail.co.uk) for further information.

CL

Reds lift cup at Jenner Park!

COWBRIDGE TOWN under-13 Reds took to the Jenner Park pitch in Barry last Sunday intent on rectifying the defeat they suffered in last year's cup final.

Having defeated the cup-holders in an epic semi-final earlier in the month, they took on Sully Scorpions in the final in positive mood, having defeated them twice in the league this season.

The Reds started positively and soon drew a save from the Sully goalkeeper after a long-range shot. The deadlock was broken after 10 minutes when Ifor Rees swept the ball home from a right wing cross after a corner had been half-cleared.

Much to the delight of a large and vocal Cowbridge crowd, Benji Mulcahy added a second goal five minutes later following a long and accurate kick from Reds goalkeeper Aron Kempson.

Sully then started to come back into the game and their physical approach led to a yellow card after a particularly ugly challenge.

However, their chances were limited as the Reds defence, ably marshalled by Rhys Hardman and Ben Cooke, held strong.

In fact, the Reds came closest to scoring next with a near post header from a corner by Finlay Ball only just glancing past the far post. The half-time whistle blew with the Reds leading 2-0.

Early in the second half Sully pulled a goal back after a break down the left wing and a near-post shot which put the game back in the balance.

However, the Reds stood up to Sully's physicality and the midfield, led by Harry Treharne, started to get the upper hand and exert control on the game.

Following a foul to the right of the Sully penalty area, the resultant free-kick by Akka Guwy could only be parried by the Sully goalkeeper into the path of Craig Tapsfield, who poked home from close range to make the score 3-1.

Minutes later Steffan Evans' powerful shot from the edge of the box gave the keeper little chance and further extended the lead.

With the Reds' defence dealing with any Sully attacks and the midfield starting to dominate, it was Cowbridge who were creating the better chances.

Following another Sully foul, the Reds were awarded a free-kick on the edge of the Sully penalty area in a central position.

Despite a sizeable wall the Sully goalkeeper was powerless to stop a blistering shot from Akka finding the bottom corner of the net.

The final few minutes were played out in relative comfort before the referee blew for full time, much to the delight of players and supporters alike, with the final score at 5-1.

Minutes later, Cowbridge Reds' captain Rhys Hardman stepped forward to collect the Butlin Trophy, which was originally presented by Sir William Butlin, from the referee who had an excellent game.

The victory was a real team effort with all 14 boys in the cup final squad contributing to the win along with other squad members who played in earlier rounds.

The boys may not be as big in stature or as physical as many of the teams they face but they stand up to their opponents and attempt to out-football them despite the increasing physicality of the game.

Last season the Reds became the first Cowbridge Town junior team to collect silverware after winning the under-12 league and this result meant they became the first junior team to win a cup.

The club has a number of strong teams in younger year groups and it is hoped that plenty more silverware will be heading to the club in future seasons.

Squad: Finlay Ball, Tom Collingridge, Ben Cooke, Steffan Evans, Akka Guwy, Rhys Hardman, Will Harris, Aron Kempson, Tom McCarthy, Benji Mulcahy, Ifor Rees, Craig Tapsfield, Edward Thomas, Harry Treharne.

CB

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Season finally underway at Wenvoe Castle Golf Club

Club captain Dr Dai Dayananda (centre) with the winners Paul Barratt (left) and partner Maria Venn (left).

THE new golfing season finally got underway at Wenvoe Castle Golf Club after exceptionally wet conditions throughout the winter months and well into the spring.

April has seen a gradual improvement in conditions and the greenstaff have to be complimented for minimizing the course closures during this difficult period.

Retiring club captain Paul Coombs handed over to the incoming captain Dr Dai Dayananda at the recent AGM and with little time to get his feet under the table the busy golf programme was in full swing.

The new captain's charity day in support of The Stroke Association of Cardiff will be held on Saturday, June 24 when it is hoped to raise significant funds for this worthy cause together with many other opportunities throughout the year.

April saw the first of many competitions where the winners will see their names in gold leaf on the honours board and the first to do so were Gordon and Sue Macpherson who lifted the Ashton Trophy in the mixed competition on Easter Monday.

This was followed by a week later by Geoff Pengilley winning the Coronation Cup with an impressive 4 up in the men's bogey competition.

Top score in the Welsh team handicap qualifier went to Mike Chick with a superb 45 points and he along with Justin Belle, Jeff Emes and Ron Gerrard will go represent the club in this prestigious tournament.

The ladies section was also very busy with Sheila Morrow playing well to take the honours in the Barbara Little Trophy, Samantha Case was delighted to win the Thomson Salver and Sue Dayananda came out on top to lift the Jan Duddridge Bowl.

It wouldn't be a typical May Bank Holiday unless the rain fell at some time during the traditional mixed competition which attracted a large entry.

This didn't dampen the spirits of the players taking part in the Vaughan Thompson Trophy and Paul Barratt and Maria Venn were absolutely thrilled to win their first honours board competition.

In presenting the prizes club captain Dr Dayananda congratulated the winning pair and took time to thank the green staff for the presentation of the course particularly following a very wet winter period.

The club welcomes new members and there a many benefits in taking out membership whether you are an experienced golfer or taking up the game for the first time.

Why not ring the club secretary, Nicola Sims on 02920594371 or visit the club website www.wenvoecastlegolfclub.co.uk to find out more about taking out membership or simply playing the course.

BJ

Results from Dinas Powys Golf Club ladies section

ON April 4, a Jubilee 3s 18 hole stableford:

1st Sian Smith, Maxine Hird, Audrey Harwood 76 pts, 2nd Ann Mahenthiralingam, Sue Bridle, Annie Blackburn 58 pts.

On April 4, a nine hole Stableford: 1st Dorothy Amery 17 pts, 2nd Angela Brown 16 pts, 3rd Sharon Jesson 15 pts.

On April 11, an 18 hole Stableford: 1st Audrey Harwood 32 pts, on back nine from 2nd Lisa Ryley 32 pts, on back nine from 3rd Ann Mahenthiralingam 32 pts.

On April 11, a nine hole Stableford: 1st Chris Nelms 18 pts, 2nd Terry Unwin 16 pts, 3rd Sharon Jesson 15 pts.

On April 18, Australian Spoons 18 hole foursomes Stableford: 1st Lisa Ryley/Sian Smith 36 pts, 2nd Ruth Yates/Audrey Harwood 31 pts, 3rd Annie Blackburn/Sue Bridle 30 pts.

On April 18, a nine hole Stableford: 1st Rhian Thomas 19 pts, 2nd Pam Warne, 3rd Sue Thomas.

On April 25, Challenge Bowls 18 hole Medal silver division: 1st Sue Bridle 85 – 18 = 67, 2nd Ann Mahenthiralingam 86 – 13 = 73, 3rd Lisa Ryley 90 – 16 = 74.

On April 25, Challenge Bowls 18 hole Medal bronze division: 1st Siab Smith 96 – 21 = 75, 2nd Audrey Harwood 101 – 25 = 76, 3rd Dorothy Amery 101 – 26 = 79.

On April 25, a nine hole Stableford: 1st Terry Unwin, 2nd Chris Nelms, 3rd Angela Thomas.

RY

Bully for David!

LAST Friday evening in the Cadoxton Cons saw the First Division singles take place and hot favourite David Davies come away with the victory after a cracking 3-2 win in the game of the evening against Seb Harris in the semi - final where both players hit a 180!

Dave then went on to beat Barry Taylor 4-2, Dave also hitting a 116 out shot in the final.

Congratulations to Dave and a big thanks for all that attended, especially Mike Copeland who ran the tournament.

Final Premier League results: Poachers 14, Throws of Despair 4; Billy Ghosts 12, Tynewydd Inn 6; Throws of Despair 6, Poachers 14 (Ray Way 107 out shot).

Congratulations to the Poachers who won the league and completed the treble.

This Friday is the Premier League singles - anyone registered in the Premier League is able to take part, lets hope for a fantastic turnout so make sure you register before 8pm.

NW

The Barry and District League tables

LATEST results for Barry and District League tables are as follows:

Crib division 1: Cadoxton Cons 5; Rhoose Social 10; Wyndham Cons 7; West End 8; Liberals 8; Moors Boys 7.

League table: Rhoose Social 198; Liberals 192; Moors Boys; 177; Wyndham Cons 169; West End 160; West End Runaways 160; Cadoxton Cons 159.

Skittles division 1: Rugby Club 1; Rhoose Social C 6; Rhoose Social A 1; Sea View B 6; Cambrian Flyers 5; King William XII 2; Rhoose Social B 0; Slammers 7; Rhoosters 1; Allsorts 6; Barries Boys 2; West End D 5.

League table: West End C 109.0;West End D105.0; Sea View B 104.0; Allsorts 99.0; King William XII 93.0; Slammers 85.0; Rhoosters 84.0; Rhoose Social C 80.5; Rugby Club 80.5; Barries Boys 76.5; Rhoose Social B 73.5; Liberals C 72.5; Cambrian Flyers 70.0; Rhoose Social A 64.5; Liberals A 56.0.

Snooker division 1: Rhoose Social C 2; West End C 3; Savoy A 3; Rhoose Social B 2; Harbour B 3; Wyndham Cons A 2; Cadoxton Cons Z 3; Services Social B 2; Penarth Cons B 0; Penarth Cons A 5.

League table: Savoy A 104; Harbour B 103; Cadoxton Cons Z 80; Wyndham Cons A 66; West End C 65; Cadoxton Cons B 62; Penarth Cons A 58; Rhoose Social B 57; Services Social B 42; Penarth Cons B 42; Rhoose Social C 41.

Snooker division 2: Sully Sports A 2; Market Street B 3; Savoy B 4; Wyndham Cons D 1; West End B 3; Cadoxton Cons A 2; Market Street C 4; Wyndham Cons C 1; West End A 0; Harbour A 5.

League Table: Savoy B 84; Liberators 77; Market Street B 75; Wyndham Cons C 73; Harbour A 71; Cadoxton Cons A 70; Market Street C 67; West End B 59; Sully Sports A 50; Wyndham Cons D 48; West End A 46.

All league and cup fixtures and results at www.barryleagues.co.uk .

JW

A new generation of cricketers sought in the Vale

SEVEN cricket clubs from across the Vale are set to take part in a major grassroots initiative aiming to increase the numbers of those taking part in cricket.

Barry Athletic, Barry Wanderers, Cowbridge, Dinas Powys, Llantwit Major, Penarth, and Vale cricket clubs are all participating in the scheme that hopes to get 50,000 boys and girls excited by the game.

This comes in the wake of the England and Wales Cricket Board (ECB) launching its first nation-wide participation programme for cricket.

Starting this month, All Stars Cricket will introduce a new generation of families to cricket. The initiative will be delivered at local cricket clubs and centres across Wales and England throughout the summer, giving five to eight-year-olds their first experience of the game.

Parents can register their children for the scheme at www.allstarscricket.co.uk. After signing up, children will have a cricket 'back-pack' delivered to their door, with a bat, ball and everything they need to try the game for the first time.

They will then participate in an eight-week programme at their local centre, with the emphasis placed firmly on learning how to play the game in a fun, safe and inclusive environment.

Children will also learn the social development skills that team sport brings.

Each session has been developed with input from director of England Cricket, Andrew Strauss, and the England performance team, so children can be equipped with the basic skills they need to develop a lifelong love of cricket.

"We are bringing cricket to the front door of kids and parents across England and Wales. I can't wait to see the positive impact this will have on clubs and the wider game," said Strauss.

Michael Vaughan, former England captain and All Stars Cricket ambassador, added: "I started playing cricket at my local club, and have seen first-hand how important it is to introduce kids to our sport in a fun way.

"As a parent, I have also seen how tough it can be to get kids interested in sport, especially given the amount of activities competing for their time. Finding a way for cricket to appeal to kids and getting them active is more important than ever."

The contact details for the clubs involved in the scheme can be found at www.allstarscricket.co.uk.

Tredegar Farmers point-to-point this Sunday

THE Tredegar Farmers Hunt Point-To-Point Steeplechases at Lower Machen this Sunday has received 116 entries.

One man who will not be in attendance is the former MFH Howard Jones, who died earlier this year and who did so much to keep this meeting on the fixture list.

Racing gets under way at 2pm with the Subaru Restricted race for which there are 25 entries and these include *Robin Des People,* a 25-lengths winner of the Subaru Restricted at the recent Banwen fixture, *Cardinal Tom, January Don*, a winner at the Ystrad Taf Fechan and *The Doc,* which won the Open Maiden at the South Pembrokeshire.

There are 16 entries for the Confined over two miles and four furlongs and three that catch the eye are *Pink Eyed Pedro, Captain Camelot* and *King Massini*.

Of the 10 down to face the starter in the Men's Open over three miles and five furlongs, *Sir Du Bearn, Desertmore View* and *Frelia* are preferred in that order.

Patricktom Boru and *Buck Mulligan*, who fought out the finish of the Ladies Open at the Banwen with the fomer winning by a length, could meet again in the Ladies Open, or which there are 10 entries. Last year's winner *Watch The Birdie,* who disappointed in the recent Chepstow Dunraven Bowl Hunter Chase, will be hard to beat this time.

There are 17 in the Young Horse Maiden and *Captain Kennit* should prove too speedy for *Tucks Bergin* and *Massini's Dream*.

Of the 18 entered for the Open Maiden, *The Boss On TheHill, Stella Massini* and *Books End* look best.

BRIAN LEE

Millwood Bowls Club round-up

WEDNESDAY evening saw Millwod make the short journey to the Island to play near neighbours Barry Athletic in a Munro Cup fixture.

Unfortunately we left our 'A game' at home on this visit and with the honourable exception of the rink skipped by Geoff Stone who had a well deserved victory by 21 shots to 16 shots over the rink skipped by G Whitlam, the cold and windy conditions got to the rest of the team who subsided to an overall defeat.

Saturday saw Millwood A host Barry Central in a South Vale fixture for the first time this season and the players enjoyed weather that would enable them to enjoy the afternoon.

The rinks skipped by H Spencer and Geoff S got off to flying starts and were not pegged back all afternoon. G Williams' tussle with the rink skipped by T White was close until the latter stages when Gary pulled away, and Brian Howcroft and Dave Goddard ensured a two on the final end would secure a draw for the home rink, Millwood taking victory by 83 shots to 46 shots.

A game played in a great competitive spirit, a credit to all players.

BH

Under-14s lift boys cup!

ON Saturday, Barry Town United travelled to Penybont FC to play in the final of their South Wales FA under-14 Boys Cup against Carnetown BC.

The eight leagues that make up the SWFA each send two representatives to compete for this title and the Town were drawn away in every round and overcame difficult trips to Cardiff Allstars, Brackla (Bridgend) and in particular Goytre United (Port Talbot) in the semi-final where they managed to win 4-1 despite playing 65 minutes out of 70 with only 10 men!

In the final the Town were up against Carnetown BC who were not only unbeaten in their league but also had managed not to concede a goal on their route to the final.

Barry Town United under-14s lifted the South Wales FA Boys Cup

The game started very nervously as you would expect, but it was Carnetown who settled the quicker and began to impose their game onto the boys, with only a brilliant save from goalkeeper Ryley Allen, which stopped a certain goal, keeping the scores level.

After a nervy 10 minutes the boys started to grow in confidence and the tide started to turn. A lovely through ball from Kiean Eveleigh was latched onto by midfielder Cian Anderson who took the ball in his stride and thumped home a left footed strike to make it 1-0.

The Town were now taking the game to Carnetown and another fluent attack led to a corner which was only partially cleared to Joseff Rosser, who returned it with a cross-cum-shot which floated in at the far post to increase the lead to 2-0 at half-time.

Barry Town started the second half where they left off in the first, on the front foot playing some lovely football.

Carnetown kept plugging away though and another excellent save from Allen kept the lead at 2-0.

However, the Town's pressure finally told and another of Eveleigh's dribbles meant he found himself in the box with only the keeper to beat, but unselfishly squared the ball for striker Niall Chinn to convert to make it 3-0.

After putting in another tireless shift up front, top scorer Callum Hobbs finally got his reward when he found himself on the end of another through ball and finished through the keepers legs to make to game safe at 4-0.

Again Carnetown kept on battling and got their reward with a lovely cross and headed finish to make the final score 4-1 to Barry Town United.

The trophy was then presented by the SWFA committee and the boys got to celebrate in front of their parents and fans.

The coaches and players would like to thank Leanne Cosslett and Hannah Chesterfield for getting up early on a Saturday and making the pre-match food, and sponsor Mark Barrett of Rim Motors for supplying transport to and from the match.

Lastly thanks to everyone who made the effort to travel down to Penybont to support, it certainly helped. **LY**

Barry chess players take part in the Welsh Championship

THE Welsh Championships have recently taken place.

This is a Swiss-style event played over four days with seven rounds of play. For the Barry Chess Club the usual suspects all took part - Nigel Ralphs and Lee Davis in the main event, Stephen Bonutto, Sam Jukes and Sam White entered the Major Section and Peter Watkins was our sole entry into the Minor Section.

There were in excess of 20 entries in each section so about 80 players were involved in total.

In the Main Event Nigel was ranked sixth and Lee 17th. Nigel had to take a bye in the first round but over the next six rounds he was unbeaten.

He managed just the one win to finish with four points. This placed him in the unusual position of finishing in sixth place which is where he was ranked.

Lee played all seven rounds earning two wins, three draws and two defeats. This gave him 3.5 points.

He may only have earned half a point less than Nigel but in such a close competitive competition he finished in 16th position, fractionally higher than his ranking. Both players lost a few ratings points however.

Sam Jukes was our top performer in the Major Section. He finished with three wins, two draws and two defeats to score four points.

His best result was a draw against Dominic Gibbs, rated at 2036. He was ranked 13th but finished in eighth place so it was a good performance.

Stephen Bonutto took three wins and a draw from his seven games. He was one of the lower ranked players in this section and finished in 15th place, which is well above his ranking of 25th.

Sam White was only able to play five games so his final position was perhaps out of sync. He did earn two points.

All three players in this section returned home having lost some ratings points.

In the Minor Section Peter Watkins returned home with three points. He managed one win to finish in 15th place which was below his ranking of 10th. Like all of our other players he lost ratings points here.

Overall, it was a satisfying performance for our players with Lee Davis, Sam Jukes and Stephen Bonutto all finishing higher in the table than they were ranked but all six players ended the tournament with a lower rating than they started with!

Elsewhere the Bosons in Division One of the East Glamorgan Chess Association have retained their place in the division with a crushing victory by 4-1 away to the Cardiff Monarchs.

Matthew Davies, Sam Jukes and Dave Parsons all won their matches with Steve Cunliffe and Ken Hannah earning draws.

After spending most of the season looking over their shoulders with the relegation spots too close for comfort, they now find themselves looking to pick up only a half point from their final match to secure fourth place!

The Barry Chess Club meets at 7.30pm each Monday at the West End Club. St. Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at http://barrychessclub.yolasite.com.

PHIL JONES

LEAGUE SUCCESS FOR PG10 UNDER-12S!

PG10 under-12s.

PG10 are celebrating after achieving the unthinkable and winning the under-12 Junior Premier League in their first season in the competition.

The team will now play in the national competition against other league winners in the Champions Cup in May. Sebastian Thomas has also been named top goalscorer in the league.

This season has seen PG10 enter academy teams in the under-9 to under-14 section of the league and the benefits have been endless.

Next season we aim to have two sides in the under-9, under-10 and under-11 sections and also sides in all secondary school age groups.

The under-9s have been unbeaten all season with three players attracting interest from a number of Premier League clubs.

Under-12 player Taryan Surringer has moved to Spain to play for Spanish club Levante. The other age groups have adapted well and benefited from wonderful opportunities throughout the season, playing against some of the best teams and players across the UK.

The Junior Premier is committed to developing children and young people and bridging the gap between grassroots and academy football. It is the home of some of best young footballers in the UK. It is also one of the fastest growing leagues in the UK.

Head of football, Peter Griffiths, said: "We are proud to be in the Junior Premier League, the league sets the highest standards and week in, week out you are playing against the best players and the best teams on the best facilities.

"The under-12s and all age groups have set high standards throughout the season, Our younger age groups are showing massive potential also."

We now travel to Spain to link in with Malaga FC and Real Madrid FC as well as enter in over 10 tournaments and festivals from under-6 to under-14 level with a number of professional clubs across the UK.

This season has seen PG10 players have quadruple the amount of games that a local league can offer and not one single match has been cancelled due to the weather as the facilities are of such high standards. PG10 players also access a development game programme also offering endless opportunities.

The players have taken part in a development programme testing each players' tactical, physical social and technical aspects of the game, helping each child develop but also educate them to train properly and to eat healthy.

Under-12 coach Drew Evans said: "The under-12s have done amazingly well to win the Junior Premier League - as a group everyone has developed and grown as players and a team. We now look forward to competing in the Junior Premier League Champions Cup."

As well as helping future talented players PG10 also offers all children the opportunity to get involved in football of all abilities and offers a popular games programme.

If you would like to get involved in PG10 next season and attend the open days on June 17 and 18, please go to www.aventixuk.com.

For more information on PG10 please go to www.pg10coaching.co.uk or email petegriff10@hotmail.co.uk.

PG

Mixed fortunes for Athletic bowlers

BARRY ATHLETIC Bowls Club PG2 squad had mixed fortunes in their Private Greens curtain raiser against Cardiff at Sophia Gardens last Saturday.

A tricky green meant the Athletic bowlers needed patience to find the best lines and pace. Yet the visitors enjoyed the challenge and earned four useful points but in the end the hosts came out on top with an overall 75-58 shot success.

Despite this early season defeat, two Athletic skips were involved in thrilling victories, preventing an opening day whitewash.

Skip Dave Snelling's rink, with good backup from Dave Townsend, Tony Bishop and Andrew Cooper, needed three shots to win on the final end. They were holding two and skip Dave clinched victory by drawing a third shot with his last wood to snatch an exciting win.

Praise too for Albert Mintern's rink of Paul Shepherd, John Holmes and Lol Paige. In a close encounter throughout, the score remained 15-15 on the penultimate end. The experienced Albert could sense victory and made sure his final wood counted to claim another nail-biting result.

Athletic A team captain Paul Webley, always an enthusiastic fighter to the end, had his work cut out as skip on this occasion. His young line-up, facing an experienced Cardiff four, suffered an 8-23 defeat.

Mike Vaughan's rink showed early promise and after 18 ends led 16-14, but three loose closing ends and a dash of bad luck resulted in a narrow 16-20 setback.

Nevertheless there were encouraging signs for BarryAthletic with selectors keen to give all new members a chance to show their potential and commitment at league and cup level.

Earlier on the the week, Barry Athletic's midweek Munro Cup side started its campaign with a crushing victory against neighbours Millwood BC.

This season the Barry Athletic B.C. midweek side will field a representative development side each week, to support the development of new players with more experienced club players.

With many new members this season, competition for places in Barry Athletic's three competitive teams is as keen as ever, which bodes well in terms of developing greater strength in depth at the club.

The first match of season saw the Athletic building up an early lead over Millwood with Richard Bowen's rink racing to a 23-0 lead over Keith Williams after just seven ends and David Snelling's rink enjoying similar success, building up a 20 point lead after eight ends over A. Bumford.

Elsewhere the rinks of Peter Rogers and Geoff Whittaker were involved in a much closer contest in the early stages against the Millwood rinks of Williams and Stone.

However, Peter Rogers, with Roland Fletcher leading well at the front and well supported by Don Evans and Andy Cooper, put in a concerted effort over the second half of the game to return a winning 25-4 scorecard.

Richard Bowen's rink and David Snelling's rink continued to apply the pressure in the second half of the game, recording impressive victories of 32-6 and 30-9 respectively.

Millwood's G Stone gradually overcame the resistance of Geoff Whittaker's rink to return their only winning scorecard by 21 shots to 16.

An overall victory of 63 shots gave captain Gary Jones plenty of cause for optimism for the season ahead, although there will surely be sterner tests for the Athletic's midweek development side in the weeks to come where the rotation policy will ensure that all members are given equal opportunity to represent the club in the midweek fixtures.

RB

Under-16s.

Double cup success for Barry Town United youngsters

IT was a weekend to remember for Barry Town United Ladies FC as both the under-14 and under-16 girls triumphed in their South Wales FA Cup finals held in Bridgend on April 29 and 30.

The under-14 girls took on league rivals Cardiff City Ladies at the Kymco Stadium in Bridgend in what was a typically tightly contested game.

Barry dominated possession in the first half without managing a breakthrough but two goals early in the second half from Ella Hilliard and Phoebe Curtis put the Vale-based club in command.

Barry comfortably saw out the rest of the second half to claim their first title of the season and the under-14s can secure a double this week if they can win a home league fixture with Gwent club Llanyrafon.

It has been a superb season for the team so far who have been consistent and also have a league cup final to play on May 14.

On Sunday, April 30, it was the under-16 girls turn to take to field and play out their cup final against Rhydyfelin. This was built up to be another tightly-contested game given both teams had recorded a victory each against each other earlier in the season.

However, Barry, boosted by claiming the league title earlier in the week, served up their best performance of the season and totally dominated this final from start to finish. It took just nine minutes for the Vale club to open their account when Holly Jenkins scored direct from a corner and then 10 minutes later a great run and cross down the right from Grace Corne found Sian Rees, who slotted home to double the lead.

Industrious midfielder Kate Spargo almost got a third with a brilliant solo run through midfield with a shot that came back off the crossbar but a minute before half-time Spargo made amends, slotting home from 12 yards to make it 3-0.

Barry were in complete control of the game and the second half followed a similar pattern. Goalkeeper Ruth Stanley was called into action, making a fine save from a free kick, but for most parts Barry controlled possession and carved open several more chances.

Substitute Aliyah Jama made it 4-0 with a cool finish and Barry scored two more in the final minutes through Spargo and Rees to make the final score 6-0 and secure a league and cup double.

The under-16s also now go into a league cup final on May 7 with the chance to make it a treble.

A fantastic season for the female section of Barry Town United, with potentially more silverware on offer.

LW

Under-14s.

The Vale of Glamorgan Football League round-up

WITH the season reaching it conclusion, both Division One and Two titles go to the final weekend to be decided while the historic ASRS Cup was claimed in the final at Jenner Park.

Vale United added the ASRS Cup to their league title to achieve a league and cup double.

Vale were victorious 3-0 over Cowbridge Town with Jack Dummett, Ryan Jenkins and Jay Tominey getting the goals. Vale United will now look ahead to this Sunday's Barry Cup final at Jenner Park as they look to complete the treble.

In Division One Barry Belgrade completed their season having done all they can to pip Barry Athletic B to the league title as they defeated Dockers 5-1 to go one point ahead of Athletic B.

The pressure is on Athletic B as they play Cadoxton Barry this weekend knowing a win or even a draw would give them the league, but defeat would see Belgrade crowned champions.

Elsewhere in Division One Cogan and Pumas played out a 2-2 draw, Pumas still having an outside chance of promotion with a game left, while Cadoxton Barry dispatched Cadoxton Athletic 5-1 in the Cadoxton derby.

In Division Two, Cadoxton Imps all but wrapped up the league title as they won 6-2 against Island Marine B and Barry Saints slipped up with a 3-3 draw against Barry Albion.

The result sees Imps six points ahead with a game to go with Barry Saints having two games remaining,

Imps are in pole position with a goal difference advantage of 20 more than Barry Saints.

The Imps' result saw Penarth B's title slim hopes extinguished, but Penarth B won 6-4 against St Athan B.

Only one game in the Premier Division as the top league's season was completed with St Athan victorious over Penarth Town 5-3.

This week Division One and Two titles will be decided and Vale United play Rhoose in a heavyweight clash in the Barry Cup final at Jenner Park on Sunday.

HD

Evan's Perth trip pays off

LANCARFAN'S Evan Williams' long trip to Perth in Scotland last week paid handsome dividends when his seven-year-old *Gayebury* landed the big race of the day – the EBF Stallions Gold Castle Novices' Hurdle, worth £11,390 to the winner.

Partnered by T J O'Brien, *Gayebury*, a 3-1 chance, won by three-and-three-quarter lengths from *Robbin' Harbour.* a winner of only previous two races.

Closer to home at Lingfield on the same day, Aberthin's Tim Vaughan took the Brian Hanrahan Handicap over six furlongs with his *TermsNConditions* who, under Keiron O'Neill, won by a neck from *Noble Deed*.

TermsNConditions was a 9-2 chance in a field of nine runners.

BRIAN LEE

Got a sports story or report? Then get in touch with us - email sport@glamorgan-gem.co.uk.

Big winners at the Banwen point-to-point

COWBRIDGE'S Byron Moorcroft brought his season's tally of wins to 18 with a double at the Banwen Point-To-Point Club Point-To-Point Steeplechases at Llwyn Ddu Glais on Monday.

After a fall from Icey Steel in the opener, he landed the three horse mens open on Mike Bassett's and Keiron Price's 12-year-old old Really Unique who appeared to have the chasing odds-on favourite Tony Star - a faller at the last fence - well beaten and went on to win by a distance from the oddly named Hospital.

Byron's second win came in the the seventh and last race the open maiden event on Tommy Faulkner's seven-year-old bay gelding Robin's Wager, who drew clear of the hooded Fateh in the closing stages to win by four lengths.

Robin's Wager trained by Keiron Price ran in the colours of the late Gordon Lewis of Cowbridge as former rider Mr Faulkner, for reasons unknown, was absent.

Robin's Wager is by Robin des Champs, the same sire of Robin Des People which won the Subaru restricted race under Bradley Gibbs when coming home 25 lengths ahead of Moorcroft's mount Last Of The Buds.

Llanharan's Tom David had only one ride and this was on the favourite Minella Arts in the Intermediate race and the eight-year-old brown gelding, owned by Mrs Carmen Goldsworthy and trained by Carlie Packwood, won by one-and-a-half lengths from Dewi Lewis' Edgar Jones.

The unlucky horse of the race appeared to be BackOfTheRock, who, according to his rider Wayne Maskill, was going like a winner when he was squeezed for room at the third last fence when the winner jumped inside of him, causing him to jump the wing of the fence.

The injured Wayne, who had to miss his ride on Ivan The Engine in the last race, had earlier won the confined race on the 10-year-old French-bred grey gelding Qalinas who after jumping the last alongside stablemate Macarthur, ridden by Charlotte Evans, won by two lengths to give Wayne his fourth winner of the season.

In the ladies' open race Bridgend builder Roger Willcox's 10-year-old bay gelding Patricktom Boru, partnered by Jodie Hughes, jumped the last fence alongside Mrs Catherine Williams' Buck Mulligan, ridden by her daughter Isabel, and on the short run-in to the winning post Patricktom Boru held on by a length.

Patricktom Boru has now won seven point-to-points and has had three wins under rules and winning rider Jodie Hughes said: "I just love this horse - he is my favourite and he has given me my sixth winner of the season."

James Bowen chalked-up his 15th winner of the season when winning the Non-Rules Runners Maiden Conditions race on the Shinton family-owned Minella For All which made nearly all the running to score by four lengths from Vet Cert. Minella For All is trained by James Bowen's brother Mickey, who was saddling his 18th winner of the season.

BRIAN LEE

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Glamorgan Farmers tackle Parc Golf Club

THE monthly meeting of the Glamorgan Farmers' Golf Society was held recently when 31 members visited the Parc Golf Club for the first time, situated just off the A48 between Newport and Cardiff.

Established in 1988 this challenging 5,228-yard course with its narrow fairways and water features provided many talking points when gathering later at the 19th hole.

Members were particularly pleased to welcome back Chris Rooney, whose flourishing golfing career had been put on hold for 12 months due to problems with a shoulder.

Winning golfers Aubrey Bowen, Mark Rees, captain Ray Thomas, winner Brian Jones and Ed Philpin.

Sponsored by local NFU agents Kelly, Harris and Conlon the day's top prize was won by Llantwit Major entrepreneur Brian Jones who returned a wining score of 37 stableford points.

Runner-up was nearby farmer Raymond Thomas with 35 points followed by John Caines, Mark Rees and Aubrey Bowen who all scored 33 points.

Ed Philpin won the visitors' prize, finishing just ahead of Andy Thomas.

Nearest the pin on the Watts & Morgan sponsored par-3 holes were Hugh Williams, Aubrey Bowen and John Caines with Dan Jarvis collecting the Bear Hotel, Cowbridge-sponsored prize when hitting the longest drive on the selected hole.

Clive Thomas, another farmer from the Llantwit Major area, returned home with the Premier Turf-sponsored bottle of whisky when correctly guessing 78 balls would fail to return home, although Clive's own contribution of reloading on nine occasions certainly helped!

Clive Edwards, Mark Rees and Aubrey Bowen, who accumulated a very impressive 78 points won the NFU Mutual Insurance team competition.

In second place with 68 points were Geraint Davies, Dan Jarvis and Martyn Edwards, and in third place with 67 points Brian Jones, Clive Thomas and Hugh Williams.

The society's next meeting is scheduled for Thursday, May 25 at Llanishen Golf Club, a 'medal round' which usually coincides with a bout of sickness and number of suspicious withdrawals.

Mr Mark Rees and family, in memory of the late Mr Islwyn Rees, will sponsor this event.

T.MCC

Penarth Belle Vue Bowling Club results

BELLE Vue opened up their season with a friendly against Rhiwbina Bowling Club, going down 81-54. Three rinks lost and one won.

Rink one lost 21-15. Lead was Graham Duggen, Mike Owens at no 2 (his first game ever, he did alright – a good find for us).

No 3 was Colin Scammell and the skip was Barry Bagwell.

Rink two lost 39-10; lead was Dave Smith, no 2 was Paul Booth, no 3 was Richard Fitzjohn and the skip was Dave Miller.

Rink three lost 14-13, a close game. Lead was Dave Bradley (also his first full season with us); Richard Brant played no 2 and Alun Thomas was at no 3. Mr Reliable – Trevor Ford – was skip.

Our only winning rink was rink number four, winning 16-15: another close game.

Winning it on the last end lead were (myself) Frank Keen, no 2 our veteran Gordon Ford; no 3 our newest coach qualified this winter – Paul Paterson – and our skip club captain, Malcolm Thomas.

The game was played in a real friendly way; plenty of banter and laughs and a good game was had by one and all.

It was rounded off with a very good meal at the end of the game.

Thank you, Rhiwbina, for making it an enjoyable afternoon – in glorious weather!

FRANK KEEN

Barrivale Bridge Club results

BARRIVALE Bridge Club results for April 25:

1. Lynn Matthews & Alan Jones - IMPS 30; 2. Mick Green & Mike Best - IMPS 24; 3. Mia Deschepper & Tim Barsby - IMPS 18; 4. Debbie & Simon Richards and Peter Miller & Jenny Vaughan - IMPS 9.

New members are always welcome at Barrivale bridge club and a partner may be arranged, if required.

If you would like to join us, telephone 01446 418380 or 01446 733425 or 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry on Tuesdays at 7pm.

Alternatively, players inexperienced or new, may attend on Fridays at 10am at the same address where lessons and play take place in a relaxed and friendly atmosphere.

LH

Lord's Taverners' memorial golf day in Porthcawl

WALES' biggest sporting charity has announced it will once again return to the stunning Royal Porthcawl Golf Club for its annual Ian Spratling Memorial Golf Day.

This year's hugely anticipated event will take place on Thursday, October 5, and will see teams of varying handicaps from across south Wales compete for the charity trophy.

The event is held every year in memory of ex-chairman of the Lord's Taverners Wales Ian Spratling, who passed away in 2001, and raises thousands of pounds for disabled and disadvantaged children.

During the day, chairman Ed Meggitt will be presenting a local school with a specially adapted minibus that the Lord's Taverners Wales has funded.

The golf day will start with coffee and bacon rolls at 12pm before a 1pm shotgun start. After 18 holes, guests will be treated to a two course dinner followed by coffee.

A team of four is priced at £399, including 18 holes, bacon rolls upon arrival, dinner and coffee.

To book your place and find out more please: visit *https://www.docdroid.net/0z2jkpb/tav-golf-day-flier-2017.pdf.html*

Bridge results

RESULTS for the Vale of Glamorgan Bridge Club for April 24:

1st Mia Deschepper and Mike Pownell 62.12 per cent, second Barbara Easterbrook and Margaret Gough 60.98, third Marjorie Morris and Linda Pinnock 58.52.

LE

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63 **SKODA Fabia 1.2 TSi SE Automatic Estate** In silver, 26,000 miles **£6,995**
61 **FORD C-max 1.6 TDCi Titanium** In silver, 69,000 miles, diesel practical hatch **£6,995**
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10 **HONDA Civic 2.2 Diesel ES 5-Dr** In silver, 83,000 miles, good spec **£5,495**
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59 **FORD Fiesta 1.4 Titanium 5-Dr** In hot magenta, 46,000 miles, 2 owners **£5,495**
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60 **FIAT 500 1.2 Lounge** In white, 48,000 miles, £30 road tax **£4,995**
09 **VAUXHALL Insignia 2.0 CDTi (130) SE 5-Dr** In silver, 83,000 miles, diesel hatch **£4,995**
59 **VOLKSWAGEN Polo 1.6 TDi SE 5-Dr** In blue, 69,000 mile, 2 owners, diesel **£4,995**
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09 **SEAT Ibiza 1.2S 3-Dr** In nayara blue, 55,000 miles, low insurance .... **REDUCED TO £3,495**
58 **SUZUKI SX4 1.6 5-Dr** In silver, 49,000 miles, 2 owners **£3,295**
56 **MINI 1.6 '7 Edition'** In black with check roof, 80,000 miles, very nice example.... **£2,995**
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The Barry Town United under-16s lift league title!

THE under-16 Barry Town United FC girls were crowned league winners on Tuesday, April 25, following a battling 3-1 away win at Port Talbot Town.

Barry went into this fixture needing just a point from their remaining two matches to seal the league title and were up against a Port Talbot team that battled well throughout and made things difficult for the visitors, particularly during the opening half.

The visitors struggled initially to get their passing and combination play in motion but still went close on several occasions.

Emma Cannon shot just wide and Bethan O'Donnell blasted over the bar from a free kick. The home side almost took a shock lead when a pass put the striker through on goal, but a crisp driven shot was well saved by Barry goalkeeper Ruth Stanley.

Barry did take the lead on 17 minutes when a partially-cleared Holly Jenkins corner found poacher Sian Rees who smashed the ball home from 12 yards, just the goal that Barry needed to settle down.

But as they started to take a foothold in the game, Port Talbot grabbed an equaliser. Barry lost possession in midfield and the home striker went through on goal to touch the ball past Stanley to make it 1-1.

With half-time the perfect opportunity for Barry to reflect on an inconsistent first 35 minutes, the girls responded superbly in the second half and took control of the game, playing their more accustomed free flowing passages of play.

Emma Cannon won a penalty after being brought down and Rees stepped up to smash home the spot kick to put Barry back into a lead at 2-1.

With just six minutes remaining, Barry sealed the league title when Rees beat the offside trap to go through on goal to net a hat-trick and finish the game at 3-1.

The final whistle sealed the title for Barry who have won an incredible 17 out of 17 league games so far with one remaining fixture away to Rhydyfelin.

This has been a magnificent season of consistency and the players have come through some tough situations in several matches this year showing the strength of character within the squad.

Team manager Luke Williams commented: "To win the league having won every match so far is a great effort, especially when you consider half the team are actually under-15 players.

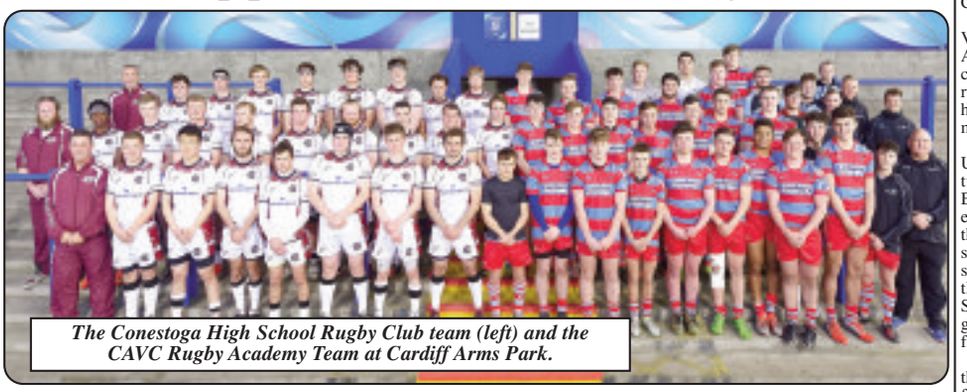
"The girls have shown great desire to develop and become more rounded players this year and they are a credit to the club and their parents. We now hope to kick on with two cup finals and see if we can achieve an unbeaten league season before some of the girls step up to senior ladies football next year.

"A special mention must also go to the coaching staff of Edryd Thomas and Julian Rowley who have played a massive role in the success of the team."

Squad: Ruth Stanle, Mae Atkins, Olivia Townsend, Bethan O'Donnell, Daisy Connolly, Amelia Davidson, Chloe Clarke, Holly Jenkins, Kate Spargo, Grace Corne, Sophie Hawkins, Jasmine Rowley, Sian Rees, Emma Cannon, Aliyah Jama, Lauren Harris.

LW

Cardiff and Vale College Rugby team hosts opponents from Pennsylvania!



The Conestoga High School Rugby Club team (left) and the CAVC Rugby Academy Team at Cardiff Arms Park.

CARDIFF and Vale College's Rugby Academy has played host to a prestigious rugby team from America.

The Conestoga High School Rugby Club is the oldest high school affiliated rugby programme in the USA, having been committed to introducing and developing the sport in the Trdyffrin/Easttown school district in Pennsylvania since 1971.

The current team's visit to CAVC's Rugby Academy formed part of a short pre-Easter Welsh tour.

While visiting Cardiff and Vale College's rugby academy, director of rugby Martyn Fowler treated the team to a surprise tour of the Principality Stadium.

They then visited the Welsh National Sports Centre for a training session.

The following day the Conestoga team had a special stretching session in the college's specialist gym at its City Centre Campus with strength and conditioning coach Rich Walters.

Later that day the Conestoga and Rugby Academy teams clashed on the hallowed ground of Cardiff Arms Park.

After a gruelling match, the CAVC Rugby Academy – which recently came fourth out of 750 teams in the world's biggest schools tournament, the Rosslyn Park Sevens – won 107-7.

Martyn Fowler said: "Despite the score a resolute Conestoga refused to give in, or indeed have the time reduced. They displayed huge character despite the scoreboard.

"It was a great opportunity to offer our learners broader playing experience outside of the Welsh Colleges League programme. The day went well, culminating in gift giving and dinner in our very own 'The Classroom' restaurant.

"As a result of networking we have shared a few ideas and are looking forward to planning a two-stay tour to New York and Washington in a year's time, where we will meet up and possibly play again."

Conestoga High School's head coach Keith Mclean said: "It was an absolute honour and a privilege to get to play at Cardiff Arms Park. It is something our boys will remember forever.

"Sometimes you have to go through days like this against a high level of competition in order to know where you are, and to improve.

"We start our season the week we go back and this will stand us in good stead."

Vale cup finals showcase local footballing talent

TIME TO CELEBRATE!

AS we approach the end of another football season, the Vale of Glamorgan Association Football League have started their end of season cup finals.

The first took place on Sunday, April 9 with the Division 2 Cup final for the Dockers Cup between Barry Saints FC and Cadoxton Imps FC.

The match ended 5-2 to Barry Saints FC with a hat-trick from Arturs Zomerovskis and a brace for Josh Griffiths. Ryan Warden scored the brace of Cadoxton Imps goals.

Prior to the Division One Cup final between Barry Athletic FC and SP Billy FC, the Premier Division league was settled on Wednesday, April 19 thanks to Vale United's 4-2 away win at Cowbridge Town FC.

On Saturday, April 22 Vale United traveled to AFC Rhoose – who were confirmed as league runners-up – for the home team's last league match of the season.

The unbeaten Vale United were stunned by two goals from Dave Bevan and Josh Bryan in each half to be handed their first defeat of the season; however, they still left Ceri Road with the Premier League Shield with two league games to go and two cup finals.

Sunday, April 23 was the Supporters Cup Final for the Division 1 teams. Barry Athletic FC took on SP Billy on a glorious spring afternoon.

Barry Athletic were first to strike in a back and forth contest with a penalty awarded after 25 minutes. Spencer Price had no problems converting to give Barry Athletic a 1-0 lead which lasted until half-time.

Within 10 minutes of the second half, Barry Athletic were 2-0 up thanks to a headed goal by Dan Morgan.

SP Billy didn't back down at all and still kept pressing, but were outdone on the counter-attack, as Ben Graham made it 3-0 with 15 minutes to go.

SP Billy still kept fighting and struck the post twice. A third attempt at a goal in the last five minutes saw Lee Carter's long rang shot dip under the bar for a consolation strike – the final score Barry Athletic 3, SP Billy 1.

MD

Megan's a star!

MEGAN Ridsdale, aged 10, a member of the Llangeinor & Pentyrch Pony club, is a star!

She entered her first pony race at the Ascot Pony Club meeting on her pony *Ryehall at Broadway* and won in fine style, coming from behind to catch the two front runners, winning by a length.

Then in the same week at Cheltenham the pair made it a double with another excellent win.

Megan lives in Laleston and has been a member of the Pony Club for some years.

BRIAN LEE

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Cowbridge cruise to two wins over the Buns of St Albans

COWBRIDGE first XV took on St Albans twice in four days, firstly a week last Wednesday evening on a sunny but cold evening.

Cowbridge launched a number of early attacks but poor handling prevented continuity. But Cowbridge were first on the scoreboard with a penalty from a scrum that full back Ben Wright put over.

On the 15-minute mark the Buns ran back a kick upfield and touched down on the right through their no 8.

But five minutes later Cowbridge hit back moving the ball right themselves, Wright came into the line to put wing James Phillips clear to race over from 45 metres, Wright adding the extras.

Buns hit back with a series of driving mauls that Cowbridge defended well, and Cowbridge got their second try starting with a half-break by centre Will Williams.

Scrum half Tom James recycled the ball quickly to outside half Alex Guard who put centre Lyndsey McCausland in space to cross from 10 metres for a converted try.

Just on half-time there was a blow as the rapidly improving second row Aaron Bowman went over on his ankle after an impressive half in the line out and loose. Sam Richards replaced him.

The half, though, went to the front row of John Bater, Craig Boxall and Matt Muir with a great scrummaging performance.

Moments into the second half and slick play between McCausland and Williams set Williams on a 25-metre run; a scrum followed and no 8 James Bennett picked up and crashed over, Wright's conversion hitting the post.

The Buns' frustration with the referee grew and within a five minute period two players were yellow carded.

Luke James came onto the field at wing and then with more good possession from the scrum, Wright came into the line and popped the ball to Phillips drifting from his wing through a gap, and he crossed for his brace and Wright added the extras.

The Buns mounted a stirring fight back with a try for their inside centre which he also converted but the defence held firm for a final score of 12-27 with a valuable bonus point.

A lot of players went well but mention should be made of flanker Rhod Walker who got in amongst most things and Guard at fly half, excellent in defence and attack.

On Saturday the Buns started the better of the two teams with a penalty chance and then a dropped ball over the Cowbridge line.

It was at the midpoint that scrum half Hywel Williams took a quick penalty to Guard who floated a long pass to no 8 James Bennett to dummy and sprint over for a try that Guard converted.

A minute later, second row Kieran David found himself in the clear for a converted try; but the Buns hit back with a penalty try and then another through their flanker to tie the scores.

Cowbridge scored two more tries through wing Zac Summerhayes racing clear and a lovely piece of balanced running by right wing James Phillips for a half-time score of 28-14.

Cowbridge scored six tries in the second half through Summerhayes, Bennett, Guard, David, second row Jac Anderson and centre Will Williams, who had replacement wing Hatim Shami right alongside him as he crossed. Guard converted four of the six tries.

The pick of them was almost certainly the second one where Summerhayes ran the ball out of his 22 and linked up with centre Jonny Graham, who dummied and jinked past three players and then flipped a pass out of the back door to Williams and then on to no 8 Benner for a 75-metre try.

Buns scored one of their own just past the midpoint to bring a final score of 66-19; on a dry surface Cowbridge produced some devastating running. There are plenty of candidates for player of the season for the club dinner on May 19.

The youth team were in the final of the Cardiff and Vale Cup against Rumney at Cardiff Arms Park last night, and Cowbridge have their final game against Wattstown on May 13 at 2.30pm again on the school field – all support would be most welcome.

RV/RK

Disappointing start for the cricket first team

A WINTER of anticipation finally ended at Bronwydd on Saturday when the Cowbridge first XI took the field.

To say that it ended in disappointment would be an understatement. The bare details of Bronwydd getting a paltry 111 and Cowbridge failing to get to that total by some margin was not what Chris Willey and his team wished for or expected.

It was hardly a surprise that the pitch at the picturesque Carmarthen venue was soft and slow. Accurate bowling from the Cowbridge attack backed up by keen fielding resulted in wickets falling steadily with a couple each for Ben Wright and debutant Nicholas Wood and three for Rian Thomas.

Nelson, as 111 is known in cricket, is considered an unlucky number. It proved to be that for Cowbridge as the pitch became more difficult to bat on as the innings progressed.

The fact that Cowbridge have probably the strongest batting side in the division counted for nothing as only Tom Merilaht, with a patient 36 not out, made double figures.

Cowbridge were 53 all out and somewhat shellshocked by the traumatic event. It really was a pitch that was not suitable for Division One matches and whoever had batted last on it would have found life difficult.

It would be wrong to read too much into the events of last Saturday. Nevertheless there is clearly a need to shake off the defeat and start the home match this Saturday with a positive approach. The visitors will be Gorseinon and the action starts at 1.30pm.

JRB

A fine win for the Cowbridge cricket seconds

COWBRIDGE second XI commenced their league campaign last Saturday with a fine win over Baglan by 15 runs.

The visitors won the toss and elected to field first hoping to take advantage of the overcast conditions but a solid opening partnership of 45 between Jonty Webb and Dave Gascoyne was the basis of Cowbridge's competitive total of 181 for 8 from their allocated 40 overs.

Following the dismissal of Jonty in the 11th over, debutant Alistair Lawson joined Gascoyne and the pair put on a further 48 runs before Gascoyne was dismissed for a fine 61.

Lawson batted sensibly for the remainder of the Cowbridge innings and finished undefeated on 54 which enabled the middle order of Navid Younas, Sami Khan and Ian Harris to play freely and make valuable contributions towards the Cowbridge total.

A late order collapse in search of quick runs was slightly disappointing as it prevented the home side from achieving maximum batting points by just 14 runs but, at the halfway point, Cowbridge were in a relatively strong position.

In reply, Baglan started well despite accurate bowling from the ever-reliable John Gilbert and 13-year-old Lewis Sevenoaks who were entrusted with the new ball.

The opposition's openers put on 54 for the first wicket which came courtesy of debutant Sami Khan, who had replaced Gilbert having finished with the very respectable figures of 0 for 19 from 8 overs.

Baglan put together several batting partnerships but wickets fell at regular intervals throughout the innings, which kept them on the back foot but not out of the game.

With just 60 runs required from the final eight overs and with five wickets still in hand, Lewis Sevenoaks was reintroduced into the attack and he, along with the wily off spinner Ian Evans, managed to restrict the flow of runs.

Sevenoaks picked up two well deserved wickets and with three run-outs thrown in for good measure, Baglan were bowled out in the final over for 166, giving Cowbridge their first win of the season.

The victory gave Cowbridge 19 points out of a possible 20 and sees them sitting at the top of the table after week one.

This week the second XI travel to Gorseinon and will be hoping for a similar result.

JS

Rugby under-11s in seven heaven!

COWBRIDGE RFC under-11s finished the season with an invitation to take part in the Llantrisant Super 7's festival.

The squad managed to field two teams in this well-suited, fast-paced format of the game. Cowbridge One were first drawn against the larger Tonyrefail outfit but immediately put them to the test with their expansive running across the park, finishing comfortable 5-1 winners with tries from Will Brennan, Osian Bruce and Owen Francis (3).

Pentyrch were next up for the Cowbridge One unit who continued to apply the same formula of pace and power nullifying the opposition to a 7-0 victory with tries from Joe Arentsen (3), Paddy Whitestone (2), Osian Bruce and Ioan Phillips.

The third game saw Pontyclun succumb to the dominance of the well-drilled Cowbridge team who romped home to a 7-2 victory with tries from Will Brennan, Owen Francis (4), Tom Clarke and OsianBruce.

The penultimate game for Cowbridge One came against the powerful home team Llantrisant.

However, the momentum of the white and green was hard to stop and Cowbride cantered home 6-0 with tries from Ioan Phillips (2), Owen Francis (2) and Osian Bruce (2).

Cowbridge Two lined up against the same teams with equal success. First up were Pontyclun who couldn't match Cowbridge, stealing ahead early to seal a 5-0 win with tries from Harry New (2), Sam Sheppard, George Tuckley and Joe Davies.

Likewise Tonyrefail couldn't halt Cowbridge Two who ran out comfortable 7-2 winners with tries from Joe Davies (2), Harry New (2) and George Tuckley (3).

The favoured hosts Llantrisant succumbed to their second defeat to Cowbridge on the day with a 5-1 victory to the visitors and tries for Joe Davies (2), James Collingridge and Harry New (2).

Pentyrch proved the sternest opposition to breakdown for the Cowbridge Two team who conceded two early tries. However the patience and well-disciplined play told and Cowbridge came through with a well-earned 3-2 victory and three unanswered second half tries with Josh Canning (2) and James Collingridge securing the points.

So the festival was set to witness the concluding and deciding game take place between the two Cowbridge teams and bragging rights up for grabs.

As can be witnessed on the weekly training pitch the game was fiercely contested. The early spoils went to Cowbridge One with quick ball and strong running securing a two-try lead, Paddy Whitestone and Ned Rees the beneficiaries.

Harry New took an interception just before the half for Cowbridge Two to pull back to 2-1. However it was the clinical finishing of Cowbridge One that saw them clinch the honours with a second for Ned Rees and the final try of the day for Owen Francis.

Yet again some outstanding skills on show from the squad who represented the strongest two teams at the festival and is testament to the strength and depth of the Cowbridge under-11s who continue to impress.

YB

COWBRIDGE BOWLS CLUB NEWS

THERE was another busy week preparing for fixtures from May through to September.

On Tuesday, April 25 our ladies entertained Mount Pleasant. The visitors only brought eight players so this friendly match occupied just two rinks.

Although the visitors were pleasant in name and nature the weather wasn't. Consequently only 12 ends were played before the players retired for refreshments. Match score Cowbridge 23, Mount Pleasant 16.

On Wednesday, April 26, the men played their first away game of the season in a friendly at Bridgend Municipal.

Cowbridge lost on three rinks but won on one. Owen Hopkins made his debut for the club. He was on a losing rink which only lost by two shots, and Owen had a good game. Match score Cowbridge 55, Bridgend 87.

On Thursday, April 27 the ladies played their first Cowbridge Shield match away to POW Sandpipers. Cowbridge lost on all three rinks with one rink unlucky to lose by just 1 shot.

Rink scores: Janet Morton, Caryl Davies, Lynda Wilson and Joan Bradley 13-14; Diane Purnell Corrie Bufton, Jan Lewis and Phyllis Price 9-20; Tina Payne, Carol Davies, Shirley Wilkinson and Dorothy Pritchard 12-22. Match score Cowbridge 34, Sandpipers 56.

On Saturday, April 29 the men were home to Llantwit. Llantwit men had another fixture that day but fulfilled the fixture by bringing two of their ladies and borrowing a few of Cowbridge's men.

Cowbridge did win but playing the game and getting in additional practice was more important than the result.

Finally, the club continues to grow with the ladies outnumbering the men. The club would welcome more men and in particular those who have played other sports and would now like to try the game of bowls.

To give it a go just ring Norman Wilkinson (Development Officer) on 01446 773282, Norman will be pleased to help you.

MB

Cowbridge Darts League round-up

ON Tuesday, April 25 a full programme of league matches was played.

The Edmondes B beat the Hairy Farmers 7-2, the Farmers Arms beat the Victoria Inn 6-3, Llanharry beat the Red Lion 8-1, the Six Bells Inn beat the Edmondes C 8-1 and the Highwayman Inn beat the Edmondes A 5-4.

Notable three-dart-outs were: William Wetherall (Llanharry) 104 and Tony Denscombe (Llanharry) 101. Wayne Morgan (Highwayman Inn) had an excellent two dart out 83 (treble 17 double16).

Present league standings, after 24 matches, are: Edmondes B (153 points), Six Bells Inn (135), Highwayman Inn (132), Llanharry (130), Edmondes C (110), Edmondes A (108), Farmers Arms (99), Hairy Farmers (98), Victoria Inn (92) and Red Lion (23).

Next week (Tuesday, May 9) a full set of league games are scheduled.

The Edmondes C hosts the Hairy Farmers, Llanharry hosts the Edmondes B, the Victoria Inn hosts the Six Bells Inn, the Edmondes A hosts the Red Lion and the Farmers Arms hosts the Highwayman Inn. All matches start at 8.15pm and spectators are welcome.

For further information e-mail Paul at cowbridgedarts@gmail.com, up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT